



# Intellectual/Developmental Disabilities

# How NC Defines I/DD

- A severe, chronic disability of a person:
  - Attributable to a mental or physical impairment or a combination of both
  - Manifested before age 22, unless caused by traumatic brain injury at any age
  - Needs special, interdisciplinary, generic services, individual supports, or other assistance of a lifelong or extended duration

# How NC Defines I/DD

- Likely to continue indefinitely, with substantial functional limitations in three or more areas of major life activity:
  - Self care
  - Receptive (understanding) and expressive language
  - Learning mobility (ability to move)
  - Self direction (motivation)
  - Capacity for independent living
  - Economic self sufficiency

# How NC Defines I/DD

- An individual aged 0-9 with a substantial developmental delay or congenital or acquired condition, without meeting three “areas of major life activities”
  - If the individual has a high probability of meeting those criteria later in life without services and supports

# Common DD Diagnoses

- Down syndrome
- Asperger's syndrome
- Autism
- Traumatic brain injury (TBI) caused by blunt force trauma
- Cerebral palsy
- Intellectual disability (IQ < 70)
- Spina bifida

# NC Innovations Eligibility

- Medicaid Waiver for children and adults with I/DD
- Eligible for Medicaid based on assets/income, family income is 'waived' for minor children
- Resident of Durham, Wake, Cumberland or Johnston counties (for the purposes of Medicaid eligibility)

# NC Innovations Eligibility

- Live in an ICF-IDD facility and wish to leave or at high risk of placement in an ICF-IDD
- Choosing to participate in NC Innovations rather than live in an institution (ICF-IDD)
- Need for NC Innovations services as specified in the person-centered Individual Support Plan
- Requires using at least one NC Innovations service monthly

# NC Innovations Eligibility

AND

- Health, safety, well-being can be maintained in the community under NC Innovations within the \$135,000 annual waiver cost limit

AND

- Live in a private residence or in a licensed facility with six or fewer persons
- Unrelated to the owner of the facility



# NC Innovations Eligibility

- Individual's needs meet ICF-IDD (intermediate care facility for those with IDD) level of care

# Meeting ICF-IDD Level of Care

- Require active treatment
  - Aggressive, consistent program of specialized and generic training, treatment and health services
  - Does not include service to maintain generally independent persons able to function with little supervision or without an active treatment program

# Meeting ICF-IDD Level of Care

AND

- Diagnosis of Intellectual Disability (ID) or a closely-related condition
  - Characterized by significant limitations in intellectual functioning and adaptive behavior as expressed in conceptual, practical and social skills
  - Must occur before the age of 18
  - Refers to individuals with severe, chronic disability attributable to cerebral palsy or epilepsy that occurred before the age of 22

# Meeting ICF-IDD Level of Care

OR

- Any condition (other than mental illness) closely related to ID because it results in impairment of general functioning or adaptive behavior similar to a person with ID
  - Manifested before the person reaches age 22
  - Likely to continue indefinitely

# Meeting ICF-IDD Level of Care

AND

- Substantial functional limitations in three or more of the following areas of life activity:
  - Self-care
  - Understanding/use of language
  - Learning
  - Mobility
  - Self-direction
  - Capacity for independent living

# Registry of Unmet Needs

- If funding is not available for needed Innovations services at the time of enrollment of an individual potentially eligible for NC Innovations
- Placed on Registry for their county of residence until funding available
- Prioritized for funding based on the date and time of referral to NC Innovations

# Registry of Unmet Needs

- People with emergency needs who meet specific criteria are offered emergency reserved capacity funding, if available
  - When funds not available, alternative resources identified to ensure health and safety
- Available funding assigned geographically in each county where NC Innovations operating
  - Based on Medicaid per capita population

# Alliance I/DD Services

- Community Guide
  - Advocacy and assistance in developing social networks and connections in the community
- Vocational/day activity services
  - Long-term follow-along support to help maintain employment once employed
  - Facility-based programs (ADVP) for individuals not ready for or capable of competitive employment
  - Leisure and retirement services for older adults



# Alliance I/DD Services

- Skill development
  - Periodic one-on-one skill development/training
- Residential services
  - ICF-MR group homes
  - Group living for adults
  - Alternative family living
  - Semi-independent and supported living

# Alliance I/DD Services

- Respite care
  - In-home supervision and care to provide relief for primary caregivers

# B3 Medicaid Services

- Community Guide and Respite
- For individuals with Medicaid who are not on Innovations
- Funded through projected cost savings
- Obtained through regular authorization procedures
- Must meet medical necessity

# Inclusion: A Basic Tenant

- Inclusion is about ALL of us
- About living full lives and learning to live together
- Makes the world our classroom for a full life
- Treasures diversity and builds community
- About our “abilities” and how to share them
- NOT just a “disability” issue

# Community Resources

- The Arc of NC  
[www.arcnc.org](http://www.arcnc.org)
- Autism Society of NC  
[www.autismsociety-nc.org](http://www.autismsociety-nc.org)
- Brain Injury Association of NC  
[www.bianc.net](http://www.bianc.net)
- Disability Rights North Carolina  
[www.disabilityrightsncc.org](http://www.disabilityrightsncc.org)

# Community Resources

- NC Council on Developmental Disabilities  
[www.nc-ddc.org](http://www.nc-ddc.org)
- NC Department of Health and Human Services  
[www.ncdhhs.gov](http://www.ncdhhs.gov)
- NC Division of Health Benefits (Medicaid)  
[www.medicaid.ncdhhs.gov/medicaid](http://www.medicaid.ncdhhs.gov/medicaid)
- Alliance CFAC  
[www.alliancehealthplan.org/consumers-families/alliance-cfac/](http://www.alliancehealthplan.org/consumers-families/alliance-cfac/)