Welcome Ice Breaker

Welcome to the February CFAC meeting. Group participated in an ice breaker which allowed for the creation of table tent name tags to be used at future meetings. Ice Breakers will be provided for future CFAC meetings

Minutes

December minutes were approved as written. CFAC members request that minutes from the previous month’s subcommittee meeting be available at the ABHC CFAC meeting

Consumer Affairs

Training:
A power point presentation was given to CFAC on: Member Rights & Responsibilities, and Medicaid & Fraud Abuse, and Advance Directives.

CFAC members asked several questions:
- Can you have a peer advocate at a PCP meeting? - Yes
- Can you remain anonymous when reporting fraud and/or abuse? - Yes
- Can youth get treatment for pregnancy no matter what the circumstances around the pregnancy are?
(Abuse, rape, etc) Will the parents and/or the authorities be notified? - Treatment will be given, and depending on the situation parents and authorities may be notified but this is not a part of the treatment requirements.

- Does this apply to adjudicated adults? – No, they have different rights.

CFAC members made recommendations:
- Explain what the State Auditor Waste line is – “Another avenue to report Fraud and Medicaid Abuse”.

CFAC members discussed situations they have experienced with public and provider agencies. This allowed the group to affirm each other’s strengths and advocacy skills and make some suggestions for families and consumers:
- Always get info from doctors in writing.
- Make sure doctor takes the time to understand all questions and concerns.

CFAC members expressed some interest in having more training on Advance Directives. Alliance BHC is working to provide more training opportunities.

**Current Events, needs, Q & A:**
Alliance Behavioral Healthcare went live as an MCO on February 1, 2013. ABHC now manages Medicaid dollars for Durham, Wake, Cumberland and Johnston Counties. This announcement was met with a few questions:
- Was there an increase in the call volume at the call center pertaining to unmet needs for IDD community? – The breakdown on call topics was not available but the call volume was up during the first week as a full MCO.
- How is the penetration rate measured for this?
- Do all MCO’s use the same formulas? - Yes this is state regulated.

Suzanne Goerger offered to do a presentation on these topics for this and other groups.
The Relational Agreement between CFAC and ABHC is still pending.

The application/enquiry forms for the Human Rights Committee are available.

ABHC Budget Retreat is scheduled for February 12, 2013, 10:00-12:00/lunch will be provided. CFAC is asked to send three representatives (one from each disability population). Marc Jacques (SA), Maribel Rivera-Elias (MH) and Herman Bennhausen (IDD) will attend. CFAC asks that the group present a report at the next CFAC meeting.

Doug Wright recently attended a Community Outreach Committee meeting in Cumberland County. This committee works to build relationships with other organizations in the community (Schools, Department of Social Services, Public Health, etc). It was suggested that the ABHC/CFAC consider participating in community events (Information Fairs, etc) to engage the community in learning more about mental health.

CFAC members requested that management take into consideration the conflict with work schedules when scheduling meetings during traditional work times (8:00am-5:00pm).

CFAC members asked if a stipend or gas card could be given for attending the extra meetings. There will more discussion surrounding the possibility of adding this to the bylaws.

DOJ Settlement trainings are happening.

CAP slot allocation recommendations have been submitted but not yet approved.

Please contact office of Community Affairs if interested.

Doug Wright
Alliance’s Strategic Planning process has begun.

Discussion has begun around bringing the three CFACs (ABHC, Cumberland and Johnston County) together to discuss all that is happening and perhaps have a “Lunch and Learn” on a Saturday.

It was suggested that CFAC consider a Communication Committee newsletter for the ABHC website

**Executive Committee**

The Executive Committee met with Ellen Holliman and Lascel Webley Jr. to discuss the ABHC’s vision of CFAC and their seats on the ABHC board.

Doug Wright is working to add this to the relational agreement. Gene Cook offered to assist with this task.

The CFAC Executive Committee needs to meet at least one time per month, via phone/computer conference or in person.

**Update from State Liaison**

Glenda Stokes will no longer be the state representative for ABHC CFAC. Roanna Newton will be her replacement.

The consumer Empowerment update for February was shared.

**Wake Site Director update**

The Wake office moved February 1, 2013. There were minimal IT issues. The divestiture of Wake Human Services is happening now. RFPs will be going out for services. The review group would like Wake CFAC subcommittee representation. Discussions with UNC are underway to determine if UNC is able to serve some of the consumers in need of services. Triumph has closed their doors in Wake and Durham County. Consumers being served by Triumph will need to be transitioned to new service providers.
### Durham Site Director update

The Durham Site is busy as usual. It was discovered on Friday, February 1, 2013 that several providers were no longer endorsed and had not transitioned their consumers to new providers. This became a priority on Friday.

CRH has been on lockdown for two days due to chaotic behaviors.

DCA was at 100% utilization last week. This was anticipated as a result of the changes.

There is progress being made on the Emergency Crisis Reduction Plan. There is a great deal of collaboration happening in Durham between Mental Health, EMS, the hospitals and other crisis facilities.

CFAC members expressed concern about long term residents at CRH and other long term facilities.

CFAC members asked what should be paid the greatest attention to in order to advocate for the IDD community to avoid institutional bias.

### Announcements

The state is hosting a Recovery Summit. CFAC representation will be needed. The date is not yet determined for Summit.

CFAC is involved in the ABHC Strategic Planning. Marc Jacques and Maribel Rivera-Elias will be attending the February 26, 2013 work session.

A new Second Hand store in the North Raleigh Area- Hand Me Ups will be opening in the near future and providing job opportunities to the IDD population in the area.

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**Durham Sub Committee Meeting:** March 4, 2013, 5:30-7:15  
**Trosa, 1820 James Street, Durham**

**Wake Sub Committee Meeting:** March 12, 2013, 5:30-7:15  
**Wake Office 5000 Falls of the Neuse Rd, Raleigh, NC**

**Next ABHC/CFAC Meeting:** April 1, 2013, 5:30-7:15  
**Corporate Office 4600 Emperor Blvd, Durham**