MEMBERS PRESENT: Carrie Bradstock, Denise Wood, Kurtis Taylor, Israel Pattison, Dave Curro, Kyle Reece, Amelia Thorpe, James Henry, Lotta Fisher, Dr. Michael McGuire, Eric Hall, Faye Griffin, Dorothy Johnson, Leanne George, Carrie Morrissey, Shirley Francis
GUEST(S) PRESENT: Gregory Schweizer, Trula Miles, Consumer Empowerment Team Division of MH/DD/SAS: C.J. Lewis
ALLIANCE STAFF: Director of Consumer Affairs: Doug Wright, CEO: Rob Robinson, Legal Affairs Consultant: Brian Perkins, Director of Provider Networks & Strategic Initiatives: Dr. Carlyle Johnson, Consumer Affairs Specialist(s): Yancee Pérez, Stacy Guse, Star Davis

1. WELCOME AND INTRODUCTIONS
2. REVIEW OF THE MINUTES from 12-5-2016: Israel moved to approve the minutes as is, Michael McGuire seconded the motion—minutes approved.

<table>
<thead>
<tr>
<th>AGENDA ITEMS:</th>
<th>DISCUSSION:</th>
<th>NEXT STEPS:</th>
<th>TIME FRAME:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Comment Consumer/Family Challenges and Solutions</td>
<td>No discussion as to consumer/family challenges.</td>
<td>Bring feedback and challenges to future meetings to discuss.</td>
<td>Ongoing</td>
</tr>
<tr>
<td>New Members/Vote</td>
<td>Shirley Francis (Cumberland), IDD representative. Presented for membership by Cumberland chair and co-chair. Shirley shared a brief introduction of herself and why she was interested in becoming a member of CFAC. Kyle Reece (Durham), MH representative. Presented for membership. Kyle shared a brief introduction of himself and his interest in becoming a member of CFAC.</td>
<td>Two new CFAC members voted in unanimously.</td>
<td>February 6, 2017</td>
</tr>
<tr>
<td></td>
<td>Rob introduced the Alliance Legal Affairs Consultant, Brian Perkins to share information as to key priorities to be addressed as legislators are in for the long session. Alliance desires the voice of individuals and families as stakeholders in the system to advocate in these key areas as well, thus the reason for meeting with CFAC this evening to establish collaboration and transparency.</td>
<td>Rob to send information to Doug for the purpose of streamlining accurate and timely communication to CFAC members regarding updates in the legislature.</td>
<td>Ongoing</td>
</tr>
</tbody>
</table>
As legislators are in session, it is known that they will be looking at past year’s budget. That being said, one of the key priorities is to preserve/support state funding, known as single-stream funding. The primary concern, if single-stream funding is cut again, is the impact on the implementation of strategic initiatives and implementation of those services, along with the funding that gets put back into regular service dollars. Over the last two years, there was a cut to state dollars in the amount of 252 million dollars, what that equated to within Alliance, is that 11 million and 16 million dollars were not able to be put back into service dollars. Educating legislators as to where the dollars saved gets invested into is key. Here too lies an opportunity for CFAC members to share what that impact may look like in their lives and in their community.

Other priorities listed include: The Future Role of the LME/MCO as Medicaid Reform takes place, Preservation of the Public Management component (as opposed to private managed care), Emergency Department Overcrowding (workgroups formed are looking at policies to alleviate ED overcrowding and potential increase in inpatient psychiatric bed funding and capacity building from OPT services to inpatient psychiatric services-ensuring a continuum of care)

A question was posed by CFAC member, Israel Pattison, as to where to find the most current and accurate information in order to advocate timely and effectively. Israel shared that CFAC had been discussing several opportunities to advocate. Rob will send current information to Doug regarding talking points and accurate, up to date information. Doug to distribute amongst CFAC members.

### Needs and Gaps

Dr. Carlyle Johnson was present to receive further feedback from CFAC members in light of the recent Gaps and Needs survey that was sent out and discussed during the month of January 2017. Each county CFAC meeting utilized the Stakeholder Feedback Form as a template to elicit responses and generate feedback as to the gaps and needs existing in each community.

There was further discussion as to the lack of services exiting in the community for individuals in the SUD community. Carlyle mentioned that Alliance had met with a national consultant regarding ‘withdrawal management’ services, Carlyle to come back and discuss the findings and final analysis of the Gaps and Needs feedback.

Future all-county CFAC meeting
otherwise defined as social setting detox. This is a gap/need listed on the feedback form submitted to Carlyle.

CFAC members also discussed the lack of inpatient settings for individuals experiencing detox symptoms, the long waits at EDs to be assessed, only to find that there are no ‘beds’ available. Also discussed was the confusion as to some settings being unable to take individuals that blow over a certain amount on their Breathalyzer (measuring blood alcohol content in the breath)-sending them to the ED, however other settings, such as non-medical detox, are able to take the individual. This doesn’t quite make sense. If someone struggling with a substance use disorder reaches out for help, they should not be turned away.

### Retreat

The CFAC retreat will be held at the corporate office room 104 on Saturday, February 11th from 10 AM to 2 PM.

CFAC members can expect to discuss: the functionality of the current CFAC structure, a review and update on current bylaws, an abbreviated SWOT analysis, breakout with county subcommittees to discuss strategies to accomplish goals, lunch, and a presentation from C.J. Lewis on Advocacy 101.

<table>
<thead>
<tr>
<th>Trula Miles and Faye Griffin to participate in the upcoming CFAC retreat.</th>
</tr>
</thead>
<tbody>
<tr>
<td>February 11, 2017</td>
</tr>
</tbody>
</table>

### Legislative Action

Opportunities that exist currently with partner organizations are:

- Recovery Advocacy Day on February 28, 2017 from 9 AM to 4 PM in Raleigh at the NC Museum of History; Guest speakers include our very own Kurtis Taylor
- NAMI Walks on May 6, 2017 at the Dorthea Dix Campus in Raleigh; CFAC opportunity to have a table (potential to recruit new membership)

<table>
<thead>
<tr>
<th>Sign up and participate in the Recovery Advocacy Day.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sign up and participate on the Alliance NAMI Walk Team.</td>
</tr>
<tr>
<td>May 6, 2017</td>
</tr>
<tr>
<td>Ongoing as opportunities arise</td>
</tr>
</tbody>
</table>

| February 28, 2017 |

### Subcommittees
- Wake
- Durham
- Cumberland
- Area Board
- Human Rights
- Quality Management
- Executive Leadership Team

### Review minutes for further information:
- Wake Minutes 1-17-17.docx
- Durham Subcommittee Minutes 1.23.2017.docx
- GQMC Minutes 12-1-16 DRAFT.pdf
- DRAFT HRC Minutes 1-12-2017.docx
- Alliance CFAC Minutes -12-5-16.docx

### State Updates
- 2017 Disability Advocacy Conference  
  Thursday, April 20, 2017: “The Friday Center” at UNC-Chapel Hill.  

- 2017 NC Crisis Intervention Training (CIT) Conference  
  FEBRUARY 7, 2017  
  McKimmon Conference Center, Raleigh, NC  
  [http://naminc.org/community-events/?ee=12](http://naminc.org/community-events/?ee=12)

- Grant Opportunities  
  [http://www.ncdhhs.gov/about/grant-opportunities/mental-health-developmental-disabilities-substance-abuse-services-grant-opportunities](http://www.ncdhhs.gov/about/grant-opportunities/mental-health-developmental-disabilities-substance-abuse-services-grant-opportunities)

- State Consumer and Family Advisory Committee (CFAC): Meeting time is the second Wednesday of each month from 9:00 a.m. to 3:00 p.m. at the Brown
building, Conference Room 104 Dorothea Dix Campus Raleigh NC (this could change at any time without prior notice.) This is an open meeting and public comments are encouraged. Meeting schedules, minutes, current members, and instructions on how to nominate someone for membership can be found at:  http://www.ncdhhs.gov/mhddsas/services/advocacyandcustomerservice/scfac.html

State to Local Conference Call: Will be held on the third Wednesday of the month. Calls are from 7:00 p.m. to 8:30 p.m. The call-in number is 1-888-273-3658, access code is 2490768#. Local CFAC members are encouraged to work with their CFAC chairpersons to present concerns, recommendations and/or suggestions during these meetings. The *6 function mutes and un-mutes you on the phone call.

5. ADJOURNMENT:
Motion to adjourn by Israel and motion seconded by Kurtis.
Meeting adjourned 7:15 PM