OUR VISION

Alliance CFAC promotes a community-based support system that seeks to have each person reach his or her full potential. This committee of individuals and family members gives voice to the interests and opinions of persons with needs related to mental health, developmental disabilities, and substance use.

It embraces the dignity of all residents in our communities so that each person may achieve his or her highest level of responsibility in the community.

It promotes the empowerment of individuals and the active involvement of family members.

MEMBERS

Vicki Bass  Faye Griffin  Dr. Michael McGuire
Dorothy Best  Cynthia Daniels-Hall  Karen McKinnon
Jackie Blue  Briana Harris  Trula Miles
Jamille Blue  Sharon Harris  Carrie Morrissey
Dave Curro  James Henry  Israel Pattison
Christopher Dale  Steve Hill  Jason Phipps
LaDeana Dexter  Connie King Jerome  Gregory Schweizer
Albert Dixon  Carole Johnson  Dan Shaw
Bobby Dixon  Dorothy Johnson  Tammy Shaw
Jerry Dodson  Joe Kilsheimer  Brenda Soloman
Pinkey Dunston  Jessica Larrison  Annette Smith
Shirley Francis  Renee Lloyd  Ben Smith
Leanna George  Tekeyyon Lloyd  Anthony Saracena
Ellen Gibson  Carson Lloyd, Jr.  Cassandra Williams-Herbert
Tracey Glenn-Thomas  Megan Mason
EXECUTIVE SUMMARY
Dave Curro, Alliance CFAC Chair

It is said that “the only constant is change.” Medicaid transformation in North Carolina is changing the way health care is delivered to the Medicaid and uninsured/under insured populations. Alliance Health, (formerly Alliance Behavioral Healthcare) is tasked with implementing these changes in its catchment area. As NC transforms Medicaid delivery into whole health Standard and Tailored Plans, CFAC maintains their important role of advising the Alliance Health Board of Directors and senior staff of the concerns of their members who need these services.

CFAC maintains its statutory requirements of monitoring and advising on the budget and business plan and has increased its role in reaching out to the Alliance members who are impacted by Medicaid transformation. Each of our four counties – Cumberland, Durham, Johnston, and Wake – has conducted public forums to inform the members about the changes happening and to hear the concerns of the folks on the street. There are more public forums planned for the near future.

We would like to welcome Johnston County as a full member this past year.

Johnston County is now fully integrated with Alliance Health to provide MH/IDD/SUD services to their members. Johnston County has a strong CFAC organization who continually seek interaction with their community.

Alliance Health CFAC has again participated in the State CFAC Legislative Day activities in Raleigh. We had several members talk to State Senators and Representatives about the behavioral health budget cuts. Although the NC Legislature cut the LME/MCO budgets again this year, we will continue to advocate for our MH/IDD/SUD populations.

The CFAC Annual Retreat featured Dave Richard, Deputy Director for Medical Assistance, NC DHHS. Dave was very informative and spent extra time addressing our concerns. We were also able to connect with other CFAC members that we seldom see in person.

Alliance Health CFAC enjoys outstanding support from the Board of Directors and the Senior Leadership.

As we confront the uncertainty of the changing behavioral healthcare environment, CFAC is a willing partner to ensure our communities are served to the best of our abilities.
STATE STATUE CHARGES CFAC
WITH THE FOLLOWING RESPONSIBILITIES:

- Review, comment on and monitor the implementation of the local business plan
- Identify service gaps and underserved populations
- Make recommendations regarding the service array and monitor the development of additional services
- Review and comment on the Alliance budget
- Participate in all quality improvement measures and performance indicators
- Submit findings and recommendations to the State Consumer and Family Advisory Committee regarding ways to improve the delivery of mental health, intellectual/developmental disabilities and substance use/addiction services

ACHIEVEMENTS

- Participated in multiple community events in each county
- Listened to our community members
- Recruited and educated new members
- Advocated effectively at the state level
- Advised the Board respectively and consistently through monthly and annual reports
- Advised the Board and staff on budget priorities, gaps and needs
- One of our members chaired the Global Quality Management Committee, others participated
- Provided feedback on Medicaid transformation as well as on Alliance Complete Care
- Annual retreat with Dave Richard as featured speaker on Medicaid transformation
- Reviewed and provided feedback on the Individual and Family Handbook
- Participated in several conferences throughout the year

CONCERNS

- Medicaid transformation
- Members falling through the gaps
- State funding for uninsured population
- Unmet social needs
- Sustainability of Tailored Plans
- Stigma
- Integrated care – electronic health records delays
- Opioid crisis/substance use
- Direct care staffing crisis for providers
- Transition services for youth
- Growing unserved populations and Medicaid expansion
- School services

During the year members of Alliance CFAC received a comprehensive array of training:

- Adverse Childhood Experiences
- Alcohol Awareness
- Alliance Complete Care
- Bullying Prevention
- Health Literacy and Peer Support
- Healthy Opportunity Pilots
- House Bill 403
- Good Samaritan NC Law
- Medicaid Transformation 101
- Mindful Moments
- Naloxone Treatment
- NC Medicaid Managed Care Enrollment Broker
- NC Medicaid Care Management Strategy
- Perceptions of Care
- Psychiatric Advance Directives
- Recovery, Self-Determination and Stigma
- Situational Crisis
- Sleep Disorders
- Social Security Administration
- Suicide Prevention and Depression
- Tailored Plan Eligibility and Enrollment
The Durham CFAC Subcommittee, chaired by Steve Hill, has steadily been on the move this year. We have been pushing our outreach and membership drive. Recently, two members have rejoined our CFAC subcommittee, which continues to focus on the strengths and challenges along with needs and gaps to help with improvements in the system.

We have spent time learning more about Medicaid transformation, and the impact it will have on ourselves, our families, and our communities.

In September 2018 we collaborated with the Recovery Community of Durham and participated in the Durham Celebrates Recovery Event, where we hosted a resource table and talked with people about CFAC and the challenges we are facing in our community.

In February 2019 CFAC members Dave Curro and Chris Dale participated in the ImaginAbility Conference that focused on autism and intellectual and developmental disabilities. In March CFAC members Tammy Shaw and Trula Miles participated in the NC One Community in Recovery Conference in Greensboro that focused on promoting the growth of the recovery movement in North Carolina.

In May we held a community forum at the Lyon Park Community Center. Alliance Health CEO Rob Robinson addressed the attendees and shared information on Medicaid transformation and the impacts it will have on healthcare delivery.

We also participated in NAMI Walks in May, where we hosted a resource table with Alliance to continue our outreach efforts.
The Wake CFAC Subcommittee, chaired by Carole Johnson, has embraced Medicaid transformation while empowering our community.

Each member of our subcommittee has been active supporting our community with education, outreach, and purpose. With a steadfast membership drive we have welcomed seven new members each with a high level of willingness and diversity ensuring the community needs and gaps are equally represented.

In July 2018 Wake CFAC members hosted a table and talked with the community at the Wake Tech Community Resource Fair. Carole Johnson set-up and represented Wake CFAC at the 6th Annual Capital Area Rally for Recovery.

In February 2019 Carole Johnson participated in the ImaginAbility Conference focusing on intellectual and developmental disabilities and those with autism.

In April 2019, Wake CFAC hosted a community screening of the movie “Resilience”. A light lunch and snacks was provided and after the movie was presented, a Q&A with a licensed clinician helped raise awareness of Adverse Childhood Experiences and their lifelong impact. This event was powerful and enlightening.

Our energetic subcommittee members walked with the community at the American Foundation for Suicide Prevention Walk, Walk for Hope, NAMI Walk, and the Autism Walk, and also hosted a tables and answered questions to continue outreach efforts.

In June several of our members attended the i2i Conference to help solve the most important issues affecting individuals with behavioral health disorders and intellectual and developmental disabilities in North Carolina.

The Town of Cary hosts a free event and our WAKE CFAC members are eager to attend and host a table while sharing resources and networking. Our member Ben Smith (pictured below), is the face of this community resource fair year after year. Wake CFAC continues to attend the State CFAC meetings and Legislative Day is taken seriously for the Wake CFAC Subcommittee.
The Cumberland Subcommittee has been making efforts to be as impactful in the community as they can this year. They have been spreading awareness in the outlying areas of Cumberland County as well as the metropolitan area by setting up tables at the main library in Cumberland in conjunction with NAMI. They were able to give out information about CFAC, Alliance and changes that may affect the public.

They have also taken part in educating the inner city of Fayetteville by being a part of the Homeless and Hunger Stand Down, passing out flyers and speaking to the public at the Dogwood Festival and also speaking with individuals about the changes surrounding the direction of Medicaid transformation. They never pass up an opportunity to have a face to face conversation about CFAC and Alliance.

The subcommittee welcomed three new member this year, Carson Lloyd Jr., Tekeyyon Lloyd, and Renee Lloyd. The group continues to challenge each other to bring at least one guest with them each meeting to spread awareness and keep the momentum behind their membership as well as getting the public to the meetings.

The committee stays dedicated by keeping up attendance via the subcommittee meetings and having representation at the Steering Committee meetings via in person and over the phone. We also have an elected member from the Cumberland subcommittee sitting on the Steering Committee.

Needs and gaps continue to be a part of the discussion and the Subcommittee submitted their ideas and concerns. The members are always brainstorming ways to bridge the gap of needed information and resources for those in need.

Our members have been very active in representing CFAC at area events, including NAMI Black History Program, CFAC retreat, statewide CFAC meeting, Fayetteville Dogwood Festival, Earth Day Festival, NAMI Walk, BIMBE Festival, Autism Society Annual Fundraiser, NAMI Inclusion Fashion Show, i2i Conference, and the Opioid Summit.

The subcommittee will continue to show their support for the community and each other by participating in other organizations events and spreading the vital information they know to the public, and continues to express its concern for the impact state cuts and Medication transformation is and will have on their community.
With the full merger between Alliance Health and the Johnston County Area Authority, Johnston County CFAC became Alliance Johnston CFAC, a subcommittee of the Alliance CFAC, chaired by Jason Phipps and Cassandra Williams-Herbert. We adopted the Alliance CFAC by-laws and developed a Local Charter that guides the activities of the committee unique to our demographic.

This year we collaborated with Alliance and the Johnston Collaborative for Families, Youth and Children at several community events, including the Clayton General Store Turkey Trot and the Special Needs Resource Fair at the Church of Clayton Crossings, where we shared the annual Needs and Gaps survey.

Johnston CFAC hosted a community screening of the movie Resilience, “the biology of stress and the science of hope,” in Smithfield, followed by questions and answers with an expert panel of Alliance Health staff who provided an opportunity for participants to determine their ACE (Adverse Childhood Experiences) scores. Senior administrators of Johnston County Public Schools attending the screening have since reached out to Alliance Health to host several other screenings for the school system. As a result almost every school psychologist, school social worker, and school principle has seen this movie and a partnership between JCPS and Alliance was formed to help enhance the behavioral health of students.

CFAC members joined the Alliance Community Health and Well-Being Department in braving the 90° heat in early May to participate in the SSS Strong Community Day, sharing resources with members of the public and another chance to complete the Needs and Gaps survey.

Johnston CFAC continues to receive updates on Medicaid transformation from Alliance management and staff and the NCDHHS Community Engagement Team, and continues to provide its feedback. Goals for next year are to host a guardianship event in the fall, and to continue to provide feedback on the Standard and Tailored Plans as Medicaid transformation takes place.

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