



How It Works

1. Choose your meals



Select every meal, every delivery from a broad menu of nutritious meals.

2. Meal Delivery



Delivered to your home or any address nationwide.

3. Store Meals



Refrigerate upon arrival. Meals will last up to 14 days from delivery.

Home-delivered meals!

Innovations and TBI Waiver Members

As part of the state of North Carolina's response to COVID-19, this service has been approved by CMS as an Appendix K flexibility.

Mom's Meals® can help to ensure Innovations and TBI Waiver members have access to nutritious meals throughout this national emergency.



Please contact your Alliance Care Navigator for additional information.