ALL PROVIDER MEETING

March 16, 2016
APAC UPDATES

Mark Germann
Disaster Mental Health Training

Alliance and the members of its Provider Network share in the responsibility to respond to the behavioral health needs of our communities in the event of a declared disaster. To facilitate this response we are working with the American Red Cross to offer Psychological First Aid and Disaster Mental Health Fundamentals training in March. All fully-licensed LCSWs, LPCs and LMFTs in the Provider Network are encouraged to participate in the training (only fully-licensed LCSWs, LPCs and LMFTs are eligible).
Next Training is scheduled for March 29 in the Alliance Cumberland Community Office

To register for this training
http://www.alliancebhc.org/event/disaster-mental-health-training-2/
Provider News

Alliance would like to remind providers about the importance of signing up for the Provider News Feed. This is the primary mechanism that Alliance uses to provide information to the Network. Recent topics posted include:

- P.R.O.U.D. Summer Camp registration
- Duke Medlink Training
- Fair Housing Training
- New RFP for Therapeutic Foster Care to serve youth with co-occurring I/DD and MH Dx
Contract Update

Alliance will begin to send out Medicaid contracts using DocuSign, mid-April with all Medicaid contracts out by June 1. We will put out an announcement when State contracts will be sent out.

Please ensure that Alliance has the appropriate contact information (Name and Email) of who has the authority to sign the Provider Contract. Please send any updates utilizing the Notice of Change. This will help ensure Alliance is able to get provider contracts to the right people.

If you are unsure if the right person is identified please just send in the Notice of Change to indicate the responsible person.
Contracts

Please remember that if your contract is not returned within required timeframes your ability to receive authorizations and be paid beginning July 1, 2016 will be affected.
Certified Community Behavioral Health Clinics

Tony Proctor
NC Division of MH/DD/SAS
DIVISION OF MH/DD/SAS

The NC Certified Community Behavioral Health Clinic Planning Grant

Courtney Cantrell, PhD
Director, DMH/DD/SAS

Overview

Legislative Mandate

- Section 223 “Demonstration Programs to Improve Community Mental Health Services” of the PAMA Act
- Protecting Access to Medicare Act of 2014 (H.R. 4302)
- Enacted on April 1, 2014
Populations Served
- Adults with serious mental illness
- Children with serious emotional disturbance
- Those with long term and serious substance use disorders
- Others with mental illness and substance use disorders

Section 223 Requirements
- Establish and publish criteria for certification for clinics to enable them to participate in a demonstration program
- Issue guidance on the development of a Prospective Payment System to be tested during the demonstration program
- Award planning grants to develop proposals for participation in the two-year demonstration program

Certification Criteria
- Developed by SAMHSA
- Focuses on the following areas:
  - Staffing
  - Availability of Services
  - Care Coordination
  - Scope of Services
  - Quality/Other reporting
  - Organizational Authority, Governance, and Accreditation
Prospective Payment System (PPS)

- Guidance prepared by CMS
- States selected one of two PPS rate methodologies:
  - CC PPS-1
    - FQHC-like PPS that provides reimbursement of cost on a daily basis; optional bonus payments for meeting defined quality metrics
  - CC PPS Alternative (CC PPS-2)
    - monthly unit of payment; quality bonus payments required, different rate for special populations

The Demonstration Program

- All states awarded the CCBHC Planning Grants are expected to apply for the demonstration program, which is due October 31, 2016
- Eight states will be selected for the demonstration program
- Selected states will bill Medicaid under a CMS-approved PPS for behavioral health services provided to Medicaid-eligible individuals

The NC CCBHC Planning Project

- A collaboration between DMHDDSAS and DMA
- Awarded to DMHDDSAS in October 2015 for a one-year period
- Total award = $978,401
  - Personnel (0.3 FTE), consultation with actuarial agency, training opportunities, technical assistance regarding certification requirements, marketing/dissemination of information
MAJOR PROJECT ACTIVITIES

A. Solicit Input
- Establish a steering committee to guide and provide input
  - Meets monthly
- Conduct outreach, recruit and engage the population(s) of focus in the solicitation of input
- Coordinate activities with other local, state, federal agencies and tribes to ensure that services are accessible and available

B. CCBHC Certification
- Construct an instrument to determine the extent to which the community behavioral health clinic or FQHC meets each of the specified criteria for certification
- Determine selection process
- Establish an objective panel of experts who will rate applicants on the eligibility criteria and make their recommendations to the State
B. CCBHC Certification  
(continued)

- Conduct a needs assessment of the catchment area where the community behavioral health center or federally qualified health center (FQHC) operates;
- Certify at least two community behavioral health clinics (one rural, one urban)
- Assist clinics with meeting certification standards

C. CCBHC Services*

1. Crisis mental health services, including 24-hour mobile crisis teams, emergency crisis intervention services and crisis stabilization
2. Screening, assessment and diagnosis, including risk assessment
3. Patient-centered treatment planning, including risk assessment and crisis planning
4. Outpatient mental health and substance use services

*Some services may be provided by a designated collaborating organization

C. CCBHC Services  
(continued)

5. Outpatient clinic primary care screening and monitoring of key health indicators and health risk
6. Targeted case management
7. Psychiatric rehabilitation services
8. Peer support and counselor services and family supports
9. Intensive, community-based mental health care for members of the armed forces and veterans
C. CCBHC Services
(continued)
- No rejection for services or limiting of services on the basis of a patient's ability to pay or place of residence
- Care coordination across settings:
  - FQHCs or primary care providers
  - Inpatient psychiatric facilities and substance use detoxification, post-detoxification step-down services, and residential programs
  - Other community or regional services (e.g., schools, child welfare agencies, criminal justice agencies, etc.)
  - Military services, e.g., Dept of Veteran Affairs Medical center, outpatient clinics, drop-in centers
  - Inpatient acute care hospitals and hospital outpatient clinics

D. Establish PPS Methodology
- Guidance from SAMHSA/CMS
  - State has selected PPS-2 (monthly rate)
    - Separate rate for special populations
    - Quality bonus payment or meeting quality measures
- Consult with LME/MCOs
  - LME/MCOs will provide oversight
  - Consult with an actuarial agency

E. Data Collection
- Develop/enhance data collection and reporting capacity to meet grant program requirements
  - 17 CCBHC measurement:
- Use a cost report format that is developed to conform to CMS guidance, collect cost reports from CCBHCs
- Assist CCBHCs with preparing to use data to inform and support continuous quality improvement processes within CCBHCs
F. National Evaluation of Demonstration Program

- Collaborate with the national evaluation planning team
- Construct a comparison group
- Obtain Institutional Review Board approval as necessary

G. Proposal for Demonstration Program

- Submit a proposal to participate in the demonstration program
- Proposals are due by October 31, 2016
  - Names of CCBHCs will be submitted with application

TENTATIVE PROJECT TIMELINE
Planning Process

- SAMHSA Technical Assistance
  - Planning group TA webinars at least monthly (6x month)
- Steering Committee
  - Meets Monthly
- State Planning Groups
  - Certification
    - Meets at least monthly
  - Prospective Payment System
    - Meets bi-monthly
  - Data Collection & Reporting
    - Meets monthly
  - Statewide Collaboration
    - Meets every 3 weeks

Tentative Project Timeline

- January
  - 1st meetings for the planning groups
  - Develop readiness assessment
- February
  - Meet with LME/MCCs, providers, and consumers to disseminate information about CCBHCs
  - Finalize selection of State PPS Method (PPS-4)
  - Notify providers of letter of intent with a readiness assessment
  - Define visit enumeration for PPS and evaluate cost report
  - Assess current data collection & reporting methods
  - Clarify definitions of required measures for data collection, including comparison groups

Tentative Project Timeline

- March
  - Determine site selection process
  - Letter of Intent with a readiness assessment due March 15th
  - Definite certain conditions for PPS-3
  - Crosswalk CCBHC with State Medicaid Plan
  - Assess which measures are currently being collected by providers, organizations, LME/MCCs, and the state.
- April
  - Review of letters of intent with a readiness assessment
  - Identify expert panel for full review
  - Determine outlier payments
  - Select CCBHC Cost Report
  - Identify areas where data collection/reporting enhancement is needed
Tentative Project Timeline

- May
  - Technical assistance for sites
  - Continued review process
    - Define quality, honor payment measures, and payment structure
- June
  - Technical assistance and/or training for sites
  - Continued review process and final selection of sites
  - Site needs assessment
  - Monthly provider call

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Tentative Project Timeline

- July
  - Technical assistance and/or training for sites
  - Finalize State PPS method
  - Monthly providers call
- August
  - Certification of sites
  - September 15, 2016 – submit Demonstration Grant application to the Secretary's Office
  - October 31, 2016 – submit Demonstration Grant application to SAMHSA

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Resources

- North Carolina's CCBHC Website: https://www.ncdhhs.gov/assistance/mental-health-substance-abuse/Certified-Community-Behavioral-Health-Clinics
- Demonstration Program for CCBHCs: http://www.samhsa.gov/section23
Questions/Comments?
Email: CCBHCinfo@dhhs.nc.gov