

**CONSUMER AND FAMILY ADVISORY COMMITTEE - REGULAR MEETING  
Mecklenburg County**

Monday, March 25, 2024

5200 W. Paramount Parkway, Morrisville, NC 27560

5:30-7:00 p.m.

**MINUTES**



**APPOINTED MEMBERS PRESENT:**  Ron Clark,  Linda Campbell,  Ruth Reynolds,  Beverly Corpening,  Shagun Gaur,  Melida Baldera,  Alan McDonald,  Lois Stickell,  Jim Sonda,  Kathy Dozier

**GUEST(S):**  Suzanne Thompson, NCDHHS,  John Osborn, Mecklenburg County Dep. Of Public Health,  Sharon Nixon-Crenshaw

**STAFF PRESENT:**  Cindy Murphy, Director Community & Member Engagement,  Lakeisha McCormick, Manager, Member Inclusion and Outreach  
 Fantasia Jones, Member Inclusion and Outreach Specialist

<https://zoom.us/j/99829069054>

1. **WELCOME AND INTRODUCTIONS** – the meeting was called to order by Alan McDonald at 5:30pm
2. **REVIEW OF THE MINUTES** – The minutes from the February 26, 2024, meeting were reviewed; a motion was made by Alan McDonald and seconded by Kathy Dozier to approve the minutes. Motion passed unanimously.

AGENDA ITEMS:	DISCUSSION:	NEXT STEPS:	TIME FRAME:
3. State Updates-5 mins	<p>Suzanne Thompson</p> <ul style="list-style-type: none"> <li>- State representative gave updates for the state and reviewed the hot topics.</li> <li>- Sate representative provided a gentle reminder about April being child abuse awareness month.</li> </ul>		
4. STS/MTS Presentation	<p><b>John Osborn</b> CIT: Mecklenburg County Department of Public Health</p> <ul style="list-style-type: none"> <li>- John Osborn introduced himself and provided a presentation on CIT.</li> <li>- John explained that there are 12 different entities that CIT’s work with CIT beginning I 1988.</li> <li>- John presented that there are 2300 local law enforcements partners trained.</li> <li>- John presented that the training is inclusive to intensive training, strong mental health partnerships, significant mental health consumer and family involvement, de-escalation, and to foster appropriate service being received for mental health.</li> <li>- Alan inquired about any plans to increase the percentage of trained officers and about the data of progress.</li> </ul>		

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	<ul style="list-style-type: none"> <li>- John Osborne provided the answer that there is currently no data is currently being provided for each agency.</li> <li>- Ron provided information in regards to CIT training and his experience as a CIT training and reported that he is on the board locally and on a state level.</li> <li>- Kathy inquired about CIT registration</li> <li>- CFAC was provided with the registration link and site got Safe outcome CMPD</li> <li>- Ron inquired about the next CIT training, and was made aware that the next training would be April 29<sup>th</sup>-May</li> </ul>		
<p><b>5. Public Comment</b></p>	<ul style="list-style-type: none"> <li>- Ron went to the NC one in Recovery Conference and provided updates. Ron mentioned that there was a heavy concentration on SUD abuse, and verbiage about diagnosis being communicated better. Ron reported that there was about of CPSS movement, and discussed that funding was in the works for CPSS training. It was reported and discussed that proper supervision should be had for newer CPSS. Ron reported that it was good to see others CFAC members from all over the state. Lastly, Ron reported that the head of Nami state was present at the conference.</li> <li>- Alan discussed being at side by side and the current discussion of peer support. Ron reported that Side by side discussed high compensation for CPSS and agreed to provide updates as they come in.</li> <li>- Kathy discussed her concerns and challenges with the innovations waiver and how it is directly affecting a close family member. Kathy reported, now that the waiver is over she feels lost. Cindy aided Kathy and offered to meet privately to discuss any further concerns Kathy may have.</li> </ul>		
<p><b>6. LME/MCO Updates</b></p>	<p>Lakeisha McCormick/Fantasia Jones * CFAC Focus Group Session *MIOS Transition for CFAC: One on One</p> <ul style="list-style-type: none"> <li>- LaKeisha provided updates with the Spring Street exchange surveys. Lakeisha reported that the focus was to improve the structure and relationship with CFAC. Lakeisha reported that the surveys and sessions were to be created to help CFAC have a platform to share feedback to the consulting group. Only &amp; members completed the survey and attended the sessions. Thursday the Alliance Borad meeting will take place at the Alliance health office in the</li> </ul>		

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	<p>conference center. LaKeisha reported that the meeting will be open for CFAC members to attend in person and virtually. LaKeisha advised the CFAC members to register for the virtual option. Lakesiha instructed the CFAC members to follow proper protocol and only speak during the public comments portion of the meeting. Lakeisha reported that the NC counsel of Developmental disabilities community event was a huge success with over 40 attendees. Translators were present, and 7 vendors participated.</p> <ul style="list-style-type: none"> <li>- Fantasia introduced herself as the new Mecklenburg CFAC liaison. Fantasia offered one on one sessions with each individual member for rapport building.</li> </ul>		
<p><b>7. Reports</b></p>	<p>Monthly Meeting updates from CFAC Members Alan: -Side by Side - Mecklenburg Behavioral Health Strategic Plan</p> <ul style="list-style-type: none"> <li>- Alan reported that he did not make it to the Side by Side meeting this month. Alan provided updates as it it pertains to the innovations budget. Alan recommended calling about the waiver if you are on the registry.</li> <li>- Alan provided information about the MBHSP and reported that 1 out of 5 adults experience mental health more than 8 days a month. Alan reported that listening sessions, community interviews, early prevention and access to services, engagements with the public and residents, and needing more bilingual workers to assist the Latino community were all topics in the last MBHSP meeting. Alan reported that the MBHSP has a focus on peer support help, data driven, and trauma competency. The following steps would be obtaining analysis to pinpoint the gap and implement the plan.</li> </ul> <p>Lois: Steering Committee</p> <ul style="list-style-type: none"> <li>- Lous provided updates with the introduction to the spring street study and there were some that felt it was too broad and wants a focal point.</li> <li>- Lois provided updates for the local CFAC meeting. Lois reported that Nancy Jones meeting was not equally distributed on all sectors and that Durham County spoke on training.</li> <li>- Alan recommended monthly meetings with parents and TBI.</li> <li>- CFAC inquired on how many people in NC have and IDD. Cindy responded with 200,000, and that 1.37 million in the need of mental health services.</li> <li>- Lois provided updates about the Harnett County town halls.</li> </ul>		

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	<ul style="list-style-type: none"> <li>- Lois reported that CFAC chairs met about the structure of CFAC and the impact CFAC needs to move forward.</li> <li>- Lois inquired if Atrium is going to participate in the Tailored plan. LaKeisha responded that now she is uncertain however negotiations are being planted.</li> </ul>		
<p><b>8. Statutory Requirements and Recommendations</b></p>	<p>1) Review, comment on, and monitor the implementation of the contract deliverables between area authorities and the Department of Health and Human Services. (2) <b>Identify service gaps and underserved populations.</b></p> <p>(3) Make recommendations regarding the service array and monitor the development of additional services. (4) Review and comment on the area authority budget. (5) Develop a collaborative and working relationship with the area authorities member advisory committees to obtain input related to service delivery and system change issues. (6) Submit to the State Consumer and Family Advisory Committee findings and recommendations regarding ways to improve the delivery of mental health, intellectual and developmental disabilities, substance use disorder, and traumatic brain injury services, including Statewide issues.</p> <p><b>Gap Discussion: Kathy Dozier</b></p> <p><b>Mecklenburg Strategic Goals Plan</b></p> <p><b>Transportation</b> CFAC members will identify 3 transportation barriers in their community and reach out to and have a presentation on current transportation options within Mecklenburg County for our population. (Completed once barriers are identified)</p> <p><b>Provider Network Goals</b> CFAC members will explain at least two ways members and families can access Alliance Health Providers as evidenced by an Alliance Health Provider.</p> <p><b>Crisis Response</b> County CFAC members will reach out to the CIT team in Mecklenburg County and request a presentation and or a training on current crisis procedures for members with MH/SUD/IDD/TBI</p> <p><b>Housing</b></p>		

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	County CFAC members will identify and reach out to a IDD Housing Authority and request someone to do a presentation on lack of housing/long-term goals for housing crisis within the IDD Adult population.		
<b>9. Adjournment</b>			

10. **ADJOURNMENT:** the meeting adjourned at 7:05pm; the next meeting will be April 22, 2024, from 5:30 p.m. to 7:00 p.m.