



Tuesday, November 14, 2023

**CONSUMER AND FAMILY ADVISORY COMMITTEE - REGULAR MEETING**  
**Cumberland County**  
711 Executive Place, Fayetteville, NC 28305  
5:30-7:00 p.m.

**APPOINTED MEMBERS PRESENT:** Renee Lloyd, Tekeyyon Lloyd, Carson Lloyd Jr. Shirley Francis, Ellen Gibson, Felishia McPherson

**GUEST(S):** Dorothy Johnson, April Francis, Jason Francis

**STAFF PRESENT:** Starlett Davis, Member Inclusion Outreach Specialist

1. **WELCOME AND INTRODUCTIONS** – the meeting was called to order at 5:37pm
2. **REVIEW OF THE MINUTES** – The minutes from the October 26, 2023, meeting was reviewed; a motion was made by Renee Lloyd and seconded by Tekeyyon Lloyd to approve the minutes. Motion passed unanimously.

| AGENDA ITEMS:                               | DISCUSSION:  | NEXT STEPS:   | TIME FRAME: |
|---|--|---|-------------|
| 3. <b>Welcome and Introductions- 10 min</b> | The meeting was called to order by Ellen Gibson at 5:37pm.   | N/A   | N/A         |
| 4. <b>Review of the Minutes – 5 min</b>     | The minutes from the October 26, 2023 meeting was reviewed; a motion was made by Renee Lloyd and seconded by Tekeyyon Lloyd to approve the minutes.  | N/A   | N/A         |
| 5. <b>PUBLIC COMMENT- 10 min</b>            | <p>Felishia and Ellen</p> <p>Elen challenged everyone to bring a friend to the meetings to increase the chances of membership. She also announced that there will be a Community Feeding day on Person St. where the old bus stop used to be. It is sponsored by Lay Millionaire and E&amp;E. It is on Saturday at 12 noon. They are giving away coats, blankets and clothes.</p> <p>Starlett reminded the committee about the Homeless and Hunger Standdown, sponsored by the United Way, on Friday, November 17<sup>th</sup> at 9am. It is at the VFW on Chance Street. All members are encouraged to attend. They can join Alliance at their table and walk around and share information and flyers.</p> <p>Shirley Frances announced that the ADA will have their last meeting of the year, via Zoom on November 15<sup>th</sup> at 6pm. They will have 3 speakers this meeting,</p> | Please see Felishia, Ellen, and Starlett for questions. | Ongoing     |

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|   | Felishia McPherson reminded everyone of the NAMI Leadership Council and their scholarship program. She explained that they had scholarships available for One in Recovery Conference this year. They provided her a scholarship to go to the i2i Conference in December. Starlett was asked to look into Ellen possibly going to the i2i in December. Starlett will follow up with Ellen and Felishia.   |  |             |
| 6. STATE UPDATES- 10 MINS                                 | <b>Suzanne Thompson- No State Rep</b><br><b>Refer to State communications via email for updates.</b>   | Please see Starlett, Ramona, and/or Aimee for any questions. | Ongoing     |
| 7. MCO Updates- 10 min                                    | <b>Aimee Izawa and Ramona Branch- Starlett Davis</b><br>CFAC objectives are due by the end of the month<br>No State to local Call this month due to holiday<br>No further information on Harnett county alignment  | Please see Starlett, Ramona, and/or Aimee for any questions. | Ongoing     |
| 8. Speaker: 15-30 min                                     | N/A  | N/A  | N/A         |
| 9. December Meeting                                       | <b>Will we have a December CFAC meeting</b><br><b>The committee voted to not have a meeting in December and return to virtual/hybrid meeting in January 2024.</b><br><b>Felishia made a motion. Ellen seconded it. There will not be a December CFAC meeting.</b>  | Please see Starlett, Ramona, and/or Aimee for any questions. | Ongoing     |
| 10. Statutory Requirements and Recommendations: 15-30 min | <b>Strategic Goals- Starlett Davis, Ramona Branch, Aimee Izawa</b><br><br><b>CFAC Goals- SMART Goals- The Cumberland CFAC will review goals from the CFAC Retreat and make a SMART goal for each goal that is relative to the area. We will discuss what a SMART goal is and brainstorm goals to vote on to be completed this fiscal year (end of June 2023), These will be voted on and approved by the end of the meeting.</b><br><br><b>The committee went over the broad goals and what SMART goals are. The committee discussed and voted on the goal below.</b><br><br><b>Housing Objectives</b><br><b>At least 50% of the Cumberland CFAC members will attend 1 Alliance Health Housing training before June 30, 2024.</b><br><br><b>Crisis and Supports Objectives</b> | Please see Starlett, Ramona, and/or Aimee for any questions. | Ongoing     |

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|               | <p><b>Cumberland County CFAC members will reach out to their county CIT and request a presentation or training on current crisis procedures for members with MH/SUD/IDD/TBI before June 30, 2024.</b></p> <p><b>Transportation Objections</b><br/><b>By June 30, 2024, CFAC members will identify at least 3 transportation barriers in their community.</b></p> <p><b>Provider Network Objectives</b><br/><b>By June 30, 2024, CFACs will explain how Alliance Health Member and Recipient Services functions as evidence by a presentation from Alliance Health Call Center. Starlett will set up a presentation with Call center supervisor.</b></p> <p><b>The SMART Goals were voted on. Motion was made by Felishia and 2<sup>nd</sup> by Shirley.</b></p> <p><b>If time permits, choose/ discuss a Statutory Requirements:</b><br/>(1) Review, comment on, and monitor the implementation of the contract deliverables between area authorities and the Department of Health and Human Services. (2) Identify service gaps and underserved populations. (3) Make recommendations regarding the service array and monitor the development of additional services. (4) Review and comment on the area authority budget. (5) Develop a collaborative and working relationship with the area authority's member advisory committees to obtain input related to service delivery and system change issues. (6) Submit to the State Consumer and Family Advisory Committee findings and recommendations regarding ways to improve the delivery of mental health, intellectual and developmental disabilities, substance use disorder, and traumatic brain injury services, including Statewide issues.</p> |             |             |

11. **ADJOURNMENT:** the meeting adjourned at 6:16 pm; the next meeting will be January 25, 2024, from 5:30 p.m. to 7:00 p.m virtually.