### CONSUMER AND FAMILY ADVISORY COMMITTEE - REGULAR MEETING

**Wake County**  
(virtual meeting via videoconference)  
5:30pm-7pm

**APPOINTED MEMBERS PRESENT:** ☒ Annette Smith, ☒ Anna Cunningham, ☒ Trula Miles, ☒ Rasheeda McCallister, ☒ Benjamin Smith  
**GUEST(S):** ☐ Suzanne Thompson; ☐ Stacey Harward

**STAFF PRESENT:** ☐ Aimee Izawa, Director of Community and Member Engagement, ☒ Ramona Branch, Member Inclusion and Outreach Manager, ☒ Charline Mangum, Member Inclusion & Outreach Specialist

1. **WELCOME AND INTRODUCTIONS** – the meeting was called to order at 5:38

2. **REVIEW OF THE MINUTES** – The minutes from the October 10, 2023, meeting was reviewed; a motion was made by Rasheeda and seconded by Trula to approve the minutes. Motion passed unanimously.

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<th>AGENDA ITEMS:</th>
<th>DISCUSSION:</th>
<th>NEXT STEPS:</th>
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| 3. Public Comment | • Nancy "we have a sick care system, waiting until crisis to happen, focus more on being well."
• Anna "IDD/Complex needs, care takers needing care for"
• Annette: updated Cindy of retreat CFAC had and how things went.
• informed CFAC of the positive information received and her experience with the wellness event she attended with Wendy Gant
• Alliance has event calendars being sent out.
• I2I conference: Grant funding available through NC Counsel of disabilities
• Housing conference: Information/content available to the group (Anna will share)
• Are people staying in flow of the information and feeling informed?
• Nancy: Families may have lack of knowledge of the resources and information shared: difficult to search for help, Access to internet, Barriers for the non-English speaking.
• Annette: What type of calls are 988 getting?
• Rasheedah: overlap of crisis, Elderly parents left with adult kids needing support, Lack of services for Physical health and dental.
• 60 counties NO child Psychiatrist
• Annette: Geriatric health
• Anna: Will see about Kim from UNC coming to speak. | | | 

Draft minutes may be submitted with the monthly Board packet. Minutes will be approved by this Committee at a later date; minutes approved on 1/9/2024.
### AGENDA ITEMS:

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| 4.   | CFAC In House Report | NO DECEMBER MEETING. Top 4 Focus 2024  
• Housing:  
  - TCL training open to everyone (Nancy could help)  
  - Set up regular housing training day  
  - Assist community with getting housing training  
  • Transportation:  
  • Crisis & Support:  
  - How can Wake County help improve hospitals stays for people  
  - Having access to members wants/needs in hospital during crisis (phone, cigarettes) Triangle springs model  
  - CIT officers NOT identifying members crisis as a crisis  
  - EMS referring psychiatric emergency as NOT true emergency.  
• Provider networks  
Events:  
• Each member will engage in 2 events/conference for the yr.  
• Recovery group at Church: Alliance info has been provided  
• Calendar color coded-ADD CFAC to calendar.  
Member recruitment:  
• Find TBI, MH, SUD  
• Other Alliance Committees to engage: Global Quality (Marie, Israel) Human rights: (Dave, Randy)  
• No Speaker for 1/2023 WORK on GOALS  
• Social network engagement | | |
| 5.   | State Updates | November CE&E- State Rep | |
| 6.   | LME/MCO Updates | Medicaid Expansion- Go Live Dec 1  
Harnett County Alignment with Alliance | |
| 7.   | Announcements | • how is it accessing NC 360, network of care: work to create link and plan.  
• seek out feedback from social network connections regarding barriers and bring to CFAC | |

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<tr>
<td>10.) ADJOURNMENT</td>
<td>the meeting adjourned at 7:06</td>
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<td>the next meeting will be</td>
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<td>January 9, 2024, from</td>
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<td>5:30 p.m. to 7:00 p.m.</td>
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