CONSUMER AND FAMILY ADVISORY COMMITTEE - REGULAR MEETING  
Steering Committee  
521 North Brightleaf Boulevard, Smithfield, NC 27577  
5:30-7:00 p.m.

APPOINTED MEMBERS PRESENT: Jerry Dodson (Chair), Bobby Dixon (Vice-Chair), Dana Stanley, Marie Dodson, Albert Dixon, Jason Phipps

GUEST(S): None

STAFF PRESENT: Ramona Branch, Member Inclusion and Outreach Manager; Aimee Izawa, Director of Community and Member Engagement; Warren Gibbs Member Inclusion and Outreach Specialist

Join Zoom Meeting  
https://zoom.us/j/96789588508  
Topic: Johnston County CFAC Meeting  
Time: Aug 15, 2023 05:30 PM Eastern Time (US and Canada)  

Please download and import the following iCalendar (.ics) files to your calendar system.  
Monthly: https://zoom.us/meeting/tJIqf-CtpjMvGtyDPwXNIY5ONvXeGyHrdHW6/ics?icsToken=98tyKuCuqTMjH9ydtRmPRowAB4qqXe_xiFxYjbdEuC_yOw5fW1bZGPR6N5VmOMrU  
Meeting ID: 967 8958 8508  
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1. WELCOME AND INTRODUCTIONS – the meeting was called to order at 5:30 pm

2. REVIEW OF THE MINUTES – The minutes from the July 14, 2023, meeting were reviewed; a motion was made by Jason Phipps and seconded by Albert Dixon to approve the minutes. Choose an item.

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<th>AGENDA ITEMS:</th>
<th>DISCUSSION:</th>
<th>NEXT STEPS:</th>
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<tr>
<td>3. Presentation of Tiny Home Village</td>
<td><a href="https://www.youtube.com/watch?v=NHFJToPlIZY">https://www.youtube.com/watch?v=NHFJToPlIZY</a></td>
<td>CFAC and MIOS will promote partnership through advocacy and using service as a community resource</td>
<td>Ongoing</td>
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<td>• Video explained the Alliance Partnership in development on farm area in Orange County</td>
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<td>• 15 unit Therapeutic Community with affordable housing for those with Severe Mental Illness with 5 units for Veterans</td>
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<td>• Units are 400 Square Feet with Living Room, Kitchen, Bathroom, and Bedroom</td>
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Draft minutes may be submitted with the monthly Board packet. Minutes will be approved by this Committee at a later date; minutes approved on Click or tap to enter a date.
**AGENDA ITEMS:** | **DISCUSSION:** | **NEXT STEPS:** | **TIME FRAME:** |
|---|---|---|---|
| | • Farm will feature a Community Garden and Training Program for Emotional Support Dogs  
• Scheduled for Completion Fall 2023 | | |
| 4. CFAC Updates-15 mins | • Voting in of New Officers  
• Committee was asked to nominate members for Offices of Chair and Vice Chair as current Chair Marie Dodson has taken over as Chair of Steering Committee  
• Albert Dixon nominated himself for Vice-Chair  
• Jerry Dodson nominated himself for Chair  
• Bobby Dixon nominated himself for Vice-Chair  
• Jerry Dodson voted in as Chair Jason Phipps Motioned and Dana Stanley seconded  
• Bobby Dixon being voted in as Vice-Chair Jason Phipps Motioned and Albert Dixon seconded | N/A | N/A |
| 5. State Updates | Aimee shared Hot Topics with committee encouraging members to get involved in upcoming events of interest  
Highlighted events....  
• Self-Advocate Discussion Series that begins on 8/16 from 1pm-2pm  
• NGCA 8/16 at 7:30 pm  
• Ombudsman Meeting 8/16 2pm-3pm  
• Supported Living 8/22 12pm-1:30pm  
• DHHS Consumer Webinar 8/28 2pm-3pm | CFAC Chair will assign members to attend events based on availability and provide report during next meeting | Next Meeting |
| 6. MCO Updates | • Aimee encouraged members to vote on day for CFAC Retreat and MIOS took answers during meeting with all six members voting to have event on Saturday 9/23  
• Advised during State to Local Calls or General Assembly Meetings and Calls, organizers and legislators are asking CFAC members for more direct and specific recommendations when voicing concerns and needs in the community  
• Aimee discussed the proposed merger Eastpointe and Sandhills are making to state legislature and opened the floor for Q&A  
• Stated deal has not been finalized and still has to be approved by Kodi Kinsley | CFAC Chair will delegate members by availability for different events such as the Consumer Webinar and State to Local Events | Update provided next meeting |
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<td>7. Tailored Plan Updates</td>
<td>• Aimee shared the updated CFAC Application and Attestation for Stipend have been approved by the state and explained a Code of Conduct will also be distributed once approved giving subcommittees a list professional directives to use during meetings to avoid conflict or inappropriate remarks</td>
<td>CFAC Chair and Vice Chair will work with MIOS on organizing or collaborating on upcoming community event in Johnston County</td>
<td>By next CFAC meeting</td>
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<td>8. Reports-Steering Committee, State to Local Call, State CFAC, Events-15 mins</td>
<td>• Albert Dixon shared he attended a Mental Health Coaching Session on 5/6 that addressed several concerns from Substance Use Disorder to Severe Mental Illness • Albert mentioned to committee the need for IDD support groups stating Temple Church is interested but he would need at least three people to start group • Aimee discussed another possible Town Hall Meeting occurring in preparation for Tailored Care Management going live • Aimee also suggested CFAC possibly doing an informational session during a community event sharing information on the need for Direct Support Professionals or the 1915i Waiver</td>
<td>CFAC Chair and Vice Chair will work with MIOS on organizing or collaborating on upcoming community event in Johnston County</td>
<td>By next CFAC meeting</td>
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<td>9. Statutory Requirements and Recommendations-15 mins</td>
<td>• Updates to Local Bylaws and Charter-MIOS and Chair discussed changes to the charter • MIOS and Chair explained the changes to requirements for annual event, explaining it could be a collaboration with another organization or agency in community such as Crisis Intervention Team or Community Collaborative • Aimee discussed new Med Assist Table and opened the floor for suggestions on a new venue • Aimee explained venue requirements such as being an open space that could allow for a lot of foot traffic possibly located in Selma • Jerry Dodson shared he would look into the Church at Clayton Crossing as well as Richard B. Harrison Gym in Selma • Marie Dodson reminded group of the duties and responsibilities of being a CFAC member such as attending community events and speaking of the committee to recruit and advocate for Mental Health • MIOS spoke of the interest for members and community partners to join the Quality Management Committee, CFAC members are preferred but anyone can join after going through an official application process • Aimee shared for conferences only 12 CFAC members are allowed to go 2 from each county and the two from Johnston could be coordinated and delegated to different people before each event</td>
<td>CFAC Chair and Vice Chair will work with MIOS and research venues in Johnston County for possible Town Hall and Med Assist</td>
<td>By November CFAC Meeting</td>
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<td>10. Announcements-10 mins</td>
<td>• Aimee also encouraged if attendance to an event has a scholarship or volunteer opportunity that allows CFAC member to go, to start with applying and Alliance would supplement further costs after grant or scholarship is received ensuring member’s attendance</td>
<td>MIOS will submit request forms for approval once committee selects fall festivals to attend</td>
<td>By next CFAC Meeting</td>
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| | • Opioid Overdose Awareness Day Event-8/26 5pm-9pm Benson  
• Johnston County Resource Fair-9/8 11-2pm Johnston Public Health Department  
• Marie discussed Peer Recovery Coach training in Durham from 9/25-9/29 stating it’s 8 hours each day and will help those looking to mentor, assist substance use disorder clients, or become Peer Support Specialists-registration is free of charge  
• Upcoming Festivals for CFAC to attend in Johnston County  
• Selma Railroad Days-October  
• Clayton Harvest Days-October  
• Mill Days-Benson-TBD  
• Aimee advised CFAC to submit request in allotted time for any expense approvals for festivals/events | | |

11. **ADJOURNMENT**: the meeting adjourned at 7:00pm; the next meeting will be September 19, 2023, from 5:30 p.m. to 7:00 p.m.