



Monday, April 10, 2023

Consumer and Family Advisory Committee- Durham
Held Via Video Conference

MEMBERS PRESENT: ☒ Vandna Munshi, ☒ Victoria Chibuogu Nneji, ☒ Tammy Shaw, ☐ Latasha Jordan, ☒ Dave Curro,
☒ Brenda Solomon, ☒ Chris Dale, ☒ Pinkey Dunston, ☒ Regina Mays, ☒ Charlitta Burruss

BOARD MEMBERS PRESENT:

GUEST(S): ☐ Suzanne Thompson, DHHS, ☐ Herb Trippert, Trosa, ☒ Jennifer Meade, DHHS

STAFF PRESENT: ☒ Dr. Aalece Pugh-Lilly, Sr Director of Community Health & Well Being, ☒ Aimee Izawa, Director Community & Member Engagement ☒ Ramona Branch, Manager, Member Inclusion & Outreach, ☒ Victoria Mosey, Member Inclusion & Outreach Specialist

Microsoft Teams meeting

Join on your computer, mobile app or room device

Or call in (audio only)

[Click here to join the meeting](#)

[+1 213-204-2613,,343043434#](#)

Meeting ID: 227 772 040 09

Phone Conference ID: 343 043 434#

AGENDA ITEMS:	DISCUSSION:	NEXT STEPS:	TIME FRAME:
1. Welcome and Introductions- 10 min	The meeting was called to order by Charlitta at 05:37 pm		
2. Review of the Minutes – 5 min	The minutes from the March 13, 2023 meeting were reviewed; a motion was made by Dave and seconded by Victoria to approve the minutes		
3. PUBLIC COMMENT- 10 min	Charlitta mentioned that she has had two recent deaths in her life, coming back from DC earlier in the day, having intentions of seeing family/cousin there, but he passed away on this past weekend. She was also close with the individual that passed away via the Dollar Tree shooting. No other comments.		
4. Speaker: 15-30 min	N/A		

Draft minutes may be submitted with the monthly Board packet. Minutes will be approved by this Committee at a later date; minutes approved on [Click or tap to enter a date..](#)

Monday, April 10, 2023

**Consumer and Family Advisory Committee- Durham
Held Via Video Conference**

AGENDA ITEMS:	DISCUSSION:	NEXT STEPS:	TIME FRAME:
5. State Updates 10 min	Jennifer Meade – No updates from the state beyond what was shared in CE&E.		
6. Reports: - 15 min BOD, Steering Committee, State to Local, State CFAC, Conferences, Trainings, etc.	N/A		
7. MCO Updates- 45 mins-1 hour	<ul style="list-style-type: none">- CFAC Application- Dr. Aalece Pugh Lily, Aimee Izawa- Aalece communicated with the state to clarify statutory requirements and guidelines for NC CFAC to communicate them to Alliance CFAC. She noted that there is a shift in focus from Alliance regarding CFAC membership, going from the community in need at large to solely individuals or family members of individuals directly receiving services from Alliance in order to provide input on Alliance services. Individuals are encouraged to re-apply for CFAC membership to attest to meeting criteria outlined by the state CFAC statutory requirements, including having personal experience with Alliance Health managing their services or family member services. Individuals will not have their term reset or be denied/there will be no thorough research into an individual meeting criteria, relying on honor system and report from individual to determine whether or not they still meet criteria. Individuals need to submit their application by September 15th, 2023 in time for go live Tailored Plan date on 10/01/2023. Robust recruitment efforts are encouraged to fill any potential open spots, to pull off a saved list of those interested should anything change.- Regina expressed concern about community members/advocates that are highly involved no longer being able to be involved as a member of CFAC. Aalece mentioned that individuals from the community can still attend meetings, but would not be able to be a voting CFAC member. It's noted that there are also many other community organizations that would benefit from having those individuals involved with them.- Charlitta expressed that she feels these CFAC regulations and adjustments should have been brought up earlier, reviewing that she feels Aalece has been thrown under the bus. She expressed that she doesn't know why we haven't reached out to former CFAC members		

Monday, April 10, 2023

Consumer and Family Advisory Committee- Durham
Held Via Video Conference

AGENDA ITEMS:	DISCUSSION:	NEXT STEPS:	TIME FRAME:
	<p>to see why they are no longer involved or seeking to join again. She expressed concern about individuals potentially having barriers around internet access or lack of knowledge in the area to join. She additionally expressed concern about community struggles, including gun violence, fentanyl overdoses, etc. She would ideally like to see CFAC be more proactive or reactive, and is interested in how CFAC could be more appealing and interesting for others to join. She indicated that she wants to get results out of what she says and does rather than just attending meetings. Alece indicated that she appreciates her role in Alliance and the expectations around it, enjoys it, and indicates that she doesn't feel anyone has been thrown under the bus, but that it's become a necessity to address due to significant changes in Alliance and state structure. Charlitta expressed concern that individuals may not be ready for change. She indicated she would be amenable to some development and supports around readiness for change with CFAC members.</p> <ul style="list-style-type: none">- Vandna Munshi – She indicated that she feels it makes sense to have CFAC change with the changes to Tailored Plan, and agrees with Charlitta around readiness for change, but acknowledged change is needed. Vandna expressed concern that she is not as knowledgeable as mental health as she is I/DD, seeking clarity from Alece if she is reviewing the balance of populations represented in CFAC. Alece reinforced that she feels Alliance is invested in ensuring all four categories (Substance Use Disorder, Mental Health, Traumatic Brain Injury, Intellectual/Development Disability) of member representation present, reviewing that it would also be helpful and important for CFAC to consider recruiting members that meet those different categories to create a balanced perspective. Ramona verified there is currently no TBI representation in the Durham CFAC sub-committee.- Regina expressed concerns about changes to Medicaid in general, noting frustration around her son being diagnosed and categorized in one way as a young adult, and now being reclassified as I/DD and focused on Innovations Waiver. She reports concern about the underserved communities, particularly the Black community, noting that they don't receive the same type of access to services until an issue is identified. She reports concerns regarding shifting conclusions		

Monday, April 10, 2023

Consumer and Family Advisory Committee- Durham
Held Via Video Conference

AGENDA ITEMS:	DISCUSSION:	NEXT STEPS:	TIME FRAME:
	<p>of assessments when individuals are involved in the service. She noted that an individual may rapidly qualify or disqualify for CFAC depending on shifts in conclusions from assessment and how Alliance categorizes individuals. She noted that with all these difficulties, among basic safety concerns, CFAC participation may be difficult, and that it's difficult to be involved with CFAC considering all this. Aalece reinforced that CFAC ultimately has determination of who is a CFAC member, and that attestations/applications would be consistent moving forward.</p> <ul style="list-style-type: none">- Aimee indicated that Standard Plans with Medicaid are also required to have CFACs, and individual could join those CFACs if that is the type of Medicaid they receive.- Survey Monkey- Ramona Branch It was reinforced that survey needs to be completed, and if there are issues, to contact Alliance staff to assist with completion.-- NAMI Walks Saturday, May 20, 2023 9:00 AM-1:00 PM-Perimeter Park 3015 Carrington Mill Blvd Morrisville, NC- Ramona Branch- June i2i Conference- Ramona Branch- If anyone is interested in the i2i conference, they should contact Alliance Health to receive, and complete, the CFAC Request Form.- Aimee sent out CFAC board meeting slides compiled to CFAC Chairs and Co-Chairs to send out to others. This information will be sent out by MIOS Victoria to the CFAC members. <p>Victoria Mosey –</p> <ul style="list-style-type: none">- PRIORITY: April 28th, Mental Health Kick-off Event – CFAC Co-sponsor?- MIOS Victoria reviewed prior attempts to discuss this event where CFAC is requested to co-host alongside Alliance System of Care. It was noted it was not confirmed that CFAC would cohost, and that this question is being presented now. Aimee reviewed Alliance facilitates		

Monday, April 10, 2023

Consumer and Family Advisory Committee- Durham
Held Via Video Conference

AGENDA ITEMS:	DISCUSSION:	NEXT STEPS:	TIME FRAME:
	<p>SOC meetings through Durham Collective, and that they are mandated by the state to have a yearly event.</p> <ul style="list-style-type: none">- It was reinforced that CFAC is not required to cohost this meeting, and they are allowed to join another organization in cohosting an event or running an event independently in upcoming months. MIOS Victoria is willing to share Durham System of Care Collaborative meeting information on a regular so CFAC members can attend, reinforcing that CFAC presence has been requested and welcomed by SOC. Charlitta expressed concern of needing more regular information from Ashley Bass-Mitchell via email regarding events and meetings, and she hasn't received any information from her. Regina indicated that she was also unaware of the Durham Collaborative having mandatory requirements.- Aimee clarified that CFAC is not required to do the SOC event, as it is solely a SOC event. Ramona indicated that each county CFAC put in their charter that they wanted to host one event a year, and this is being offered as the one event to co-host for the fiscal year.- Regina motioned for CFAC vote to determine if they would co-host the event, and Dave seconded. CFAC members agreed to attend, but noted that some may be limited by transportation, or only able to attend for a short period of time. CFAC ultimately agreed to co-host. It was identified that MIOS Victoria would get more specific action items needed by members for the event in discussion with SOC Coordinator Ashley Bass-Mitchell, and convey these to members via email.- Charlitta requested that Dave review bylaws and charter in June event. Dave agreed to do this, and it will be included on that month's agenda. <p>NOT ADDRESSED (ran out of time):</p> <ul style="list-style-type: none">- PRIORITY: Review of prospective physical CFAC meeting locations		

Monday, April 10, 2023

Consumer and Family Advisory Committee- Durham
Held Via Video Conference

AGENDA ITEMS:	DISCUSSION:	NEXT STEPS:	TIME FRAME:
	<ul style="list-style-type: none">- This will be reviewed during a future meeting. Charlitta expressed concern that CFAC may not be ready to return to in person yet.- Raleigh Oaks Psychiatric Hospital (Garner) facility tour (will email if not discussed)		
9. Statutory Requirements and Recommendations: 15-30 min	IF TIME ALLOWS: (1) Review, comment on, and monitor the implementation of the contract deliverables between area authorities and the Department of Health and Human Services. (2) Identify service gaps and underserved populations. (3) Make recommendations regarding the service array and monitor the development of additional services. (4) Review and comment on the area authority budget. (5) Develop a collaborative and working relationship with the area authority's member advisory committees to obtain input related to service delivery and system change issues. (6) Submit to the State Consumer and Family Advisory Committee findings and recommendations regarding ways to improve the delivery of mental health, intellectual and developmental disabilities, substance use disorder, and traumatic brain injury services, including Statewide issues.		
11 Announcements		N/A	N/A
12. Adjournment:	Dave moved to adjourn and it was seconded by Tammy. The suggested next meeting will be May 8, 2023 , at 5:30 p.m.		