



Thursday, April 27, 2023

Consumer and Family Advisory Committee- Cumberland
(Virtual Meeting via Microsoft Teams)
5:30pm- 7:00pm

MEMBERS PRESENT: ☒ Michael McGuire ☒ Ellen Gibson, ☒ Dorothy Johnson ☒ Sharon Harris ☒ Briana Harris ☒ Shirley Francis ☒ Tekeyon Lloyd
☒ Renee Lloyd ☒ Carson Lloyd Jr. ☒ Felishia McPherson

BOARD MEMBERS PRESENT:

GUEST(S): ☒ Suzanne Thompson, NCDHHS, ☒ Alvin Brown, Guest Speaker, therapeutic Foster Care

STAFF PRESENT: ☒ Dr. Aalece Pugh-Lilly, Sr Director of Community Health & Well Being, ☒ Aimee Izawa, Director Community & Member Engagement ☒ Ramona Branch, Manager, Member Inclusion & Outreach, ☒ Starlett Davis, Member Inclusion & Outreach Specialist

Microsoft Teams meeting

Join on your computer, mobile app or room device

Or call in (audio only)

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Meeting ID: 250 518 783 75

Phone Conference ID: 607 739 735#

AGENDA ITEMS:	DISCUSSION:	NEXT STEPS:	TIME FRAME:
1. Welcome and Introductions- 10 min	The meeting was called to order by Ellen Gibson at 5:35pm pm	N/A	N/A
2. Review of the Minutes – 5 min	The minutes from the March 23, 2023 meeting were reviewed; a motion was made by Michael McGuire and seconded by Tekeyyon Lloyd to approve the minutes	N/A	N/A
3. PUBLIC COMMENT- 10 min	Felishia and Ellen Community events and resources. Covid 19 Check ins	Please see Starlett, Aimee, Ramona	Ongoing

Draft minutes may be submitted with the monthly Board packet. Minutes will be approved by this Committee at a later date; minutes approved on Click or tap to enter a date..

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	<p>ADA Updates- Shirley Francis Updates will be provided in separate document attached.</p> <p>Michael- Anyone who had a previous invite to go to the i2i conference can go again. Ramona went over everyone that will be going this go round. Ellen, Felishia and Michael.</p> <p>Ellen- Dogwood Festival is this weekend. Great time to pass out CFAC flyers.</p>		
4. Speaker: 15-30 min	<p>Mr. Alvin Brown- Therapeutic Foster Youth after aging out Pinnacle Services.</p> <p>Mr. Brown is ex-military, Paratrooper, Jump Master, and Logistical Officer. He is from GA. He has worked with kids via the hospital adolescent unit. He has also worked on the adult psychiatric unit. He has worked in intensive in-home services. For 8 years he has been licensing and recruiting foster parents. He was once a foster parent himself. He wanted to speak with the committee regarding foster parents. He gave statistics on the number of youths in foster care versus the number of foster parent homes available. The number of foster homes for the foster kids are going down for many reasons. Foster parenting is not like parenting your biological child. Many kids are aging out at 18. They can stay in until age 21. However, the normal growth of a fully developed brain is 25 years old. There are many foster kids that are not ready for life before that time and are being discharged. Are they prepared for life? Due to covid, for 2 years most of us has been locked down. The Cumberland Co. LINK program is supposed to prepare youth for adult hood. However, they are not available, and many kids are not getting the skills that they need. Many have moderate and severe disabilities and are not operating at an age-appropriate level by discharge. He shared a book for reference called What Happened to You by Oprah Winfrey and Dr. Bruce Perry. He also shared Hurting People Hurt People by Sandra Wilson, PHD.</p> <p>Aamie suggested that in specific challenges, she could have a family partner assist in helping in making sure that the youth has the services needed and advocacy.</p>	Please see Starlett, Aimee, Ramona	Ongoing

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5. State Updates 10 min	Suzanne Thompson Reminder that the committee gets the monthly updates. State CFAC May 10 th from 9am to 3pm There are vacancies for State CFAC as well.	Please see updates via email.	Ongoing
6. Reports: - 15 min BOD, Steering Committee, State to Local, State CFAC, Conferences, Trainings, etc.	Aalece Pugh-Lilly- Senior Director of Community Health and Well Being Updates on CFAC Aalece reminded the committee about previous review of the Bi-laws. She went over to all of the documents internally in Alliance for CFAC, Bi-laws, Charter, Policy and Procedures, and Relational Agreements. The purpose of CFAC is to advise Alliance on needs and gaps in community. The purpose of the presentation to inform the committee about the changes due to the changes via Medicaid Transformation and the Tailored Plan. Alliance will serve the community with moderate and severe mental health and substance use, I/DD, and TBI. Alliance has been taking a second look at the qualification for CFAC as written by the State. This is in the Bi-Laws and Statutes. Adults or families of consumers that have services in MH, SU, I/DD, and TBI. She went over the other qualifications that included members can only serve 3 consecutive terms and cannot be an Alliance employee. The state defines a consumer as a client or potential client of public services from a state or area facility. IN order to be a member of CFAC, should be enrolled in Alliance Health plans. Alliance should be managing and coordinating their services. Alliance is asking that every CFAC member complete an attestation form that states that they meet the criteria to be a CFAC member by September 15 th . This means that anyone Alliance serves. The reason for this is because the scope is changing meaning Alliance is not serving the same Medicaid population as we did before. Aalece went over examples. Some examples of those served by Alliance are State Funded individuals, a prospective member on the TBI and Innovations Waiver, Medicaid Direct, and those in Alliance coverage area that fall in the moderate and server population in Tailored Plan. Aalece answered questions from the committee. There was a question of how do we direct individuals who may not be under Alliance but wants information	Please see Starlett, Aimee, Ramona, and Aalece.	Ongoing

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	about their plan. They can be referred to the NC Medicaid Enrollment Broker at 833-870-5500. Aalece will provide the slide presentation. For any direct questions please contact Aalece Pugh-Lilly or Ann Oshel.		
7. MCO Updates- 10 min	Aimee Izawa The CFAC application is being redone as well to get data from the members that has not been collected before such as gender, ethnicity, and disability. Starlett will be reaching out to the CFAC members who did not send in their shirt size.	Please see Starlett, Aimee, Ramona	May 25, 2023
9. Statutory Requirements and Recommendations: 15-30 min	Please give feedback on (1) Review, comment on, and monitor the implementation of the contract deliverables between area authorities and the Department of Health and Human Services. This will be moved to the May meeting due to time running out. (1) Review, comment on, and monitor the implementation of the contract deliverables between area authorities and the Department of Health and Human Services. (2) Identify service gaps and underserved populations. (3) Make recommendations regarding the service array and monitor the development of additional services. (4) Review and comment on the area authority budget. (5) Develop a collaborative and working relationship with the area authority's member advisory committees to obtain input related to service delivery and system change issues. (6) Submit to the State Consumer and Family Advisory Committee findings and recommendations regarding ways to improve the delivery of mental health, intellectual and developmental disabilities, substance use disorder, and traumatic brain injury services, including Statewide issues.	This will be moved to the May meeting due to time running out.	May 25, 2023

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11 Announcements	Starlett Davis The Cumberland CFAC committee is responsible for setting up a speaker for each meeting. Please contact Starlett Davis to let her know who will be speaking at each meeting. Please refer to February 2023 meeting for further instruction or contact Starlett Davis, MIOS	N/A	N/A
12. Adjournment:	Michael moved to adjourn and it was seconded by Felishia. The suggested next meeting will be May 25, 2023, at 5:30 p.m.	Next meeting May 25,2023	May 25, 2023