



Tuesday, March 21, 2023

Consumer and Family Advisory Committee- Johnston  
521 N Brightleaf Boulevard Smithfield, NC 27577  
Held Via Video Conference/In-Person

**MEMBERS PRESENT:** ☒ Marie Dodson, ☒ Jerry Dodson, ☒ Marilyn Lundin, ☒ Richard Callahan, ☐ Deborah McQueary, ☒ Jason Phipps, ☒ Albert Dixon, ☒ Bobby Dixon, ☒ Leanne George, ☐ Dorothy Best, ☐ Cassandra Williams-Herbert

**BOARD MEMBERS PRESENT:**

**GUEST(S):** ☒ Wes Rider, State CFAC, ☒ Ashley Bass Mitchell Community Collaborative

**STAFF PRESENT:** ☐ Dr. Aalece Pugh-Lilly, Sr Director of Community Health & Well Being, ☒ Aimee Izawa, Director Community & Member Engagement ☒ Ramona Branch, Manager, Member Inclusion & Outreach, ☒ Warren Gibbs Member Inclusion & Outreach Specialist

## Microsoft Teams meeting

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Draft minutes may be submitted with the monthly Board packet. Minutes will be approved by this Committee at a later date; minutes approved on [Click or tap to enter a date..](#)

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AGENDA ITEMS:	DISCUSSION:	NEXT STEPS:	TIME FRAME:
1. <b>Welcome and Introductions- 10 min</b>	The meeting was called to order by Marie Dodson at 6:03 pm due to technical difficulties	MIOS will look into Teams link ensuring it's the correct for next meeting	1 month
2. <b>Review of the Minutes – 5 min</b>	The minutes from the November 28, 2022 meeting were reviewed; a motion was made by Marie Dodson and seconded by CFAC members to approve the minutes	Corrections identified and updated on the minutes	
3. <b>PUBLIC COMMENT- 10 min</b>	<ul style="list-style-type: none"><li>Ashley Bass-Mitchell presented to the committee a possible collaboration occurring on Make a Difference Breakfast on May 12<sup>th</sup>. Motion made and voted members of CFAC will assist with event.</li><li>Ashley then discussed the Med Assist on 6/24 where OTC medicines will be distributed.</li><li>Aimee discussed 600 bags will be passed out and there currently working on securing a venue.</li><li>Marie and Bobby shared their experiences at One Recovery conference, meeting</li></ul>	Committee will vote in participants to volunteer at 5/12 event next meeting as well as Med Assist on 6/24	By next CFAC meeting
4. <b>State Updates 10 min</b>	<ul style="list-style-type: none"><li>Wes shared State Updates and gave his insight on One Recovery Conference sharing self determination is key and identified service providers now viewing people as their own service providers stating recovery is the expected outcome from services</li><li>Noted free trainings are still available on State CFAC website related to dignity of risk, empowerment, who you gonna call a discussion on service hotlines and resources, as well as how to access Social Determinants of Health in the community</li><li>Shared with committee the date of next State 2 Local Call for consumers in community and families being 3/27</li></ul>	Committee elected members to sit in on State to Local Call 3/27 and going forward will vote monthly different stakeholders to volunteer and sit on calls	Monthl
5. <b>Reports: - 15 min BOD, Steering Committee,</b>	<ul style="list-style-type: none"><li>Marie Dodson shared highlights from State CFAC meeting explaining inconsistencies between MCO's with relay of information regarding Tailored</li></ul>	Monthly Committee	Monthly

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<b>State to Local, State CFAC, Conferences, Trainings, etc.</b>	<p>Care Plan and do they discuss information amongst one another before release</p> <ul style="list-style-type: none"> <li>Announced local Board of Directors meeting in May and rededicating May as Mental Health Awareness Month in Johnston County</li> <li>Discussed having local CFAC's collaborate from different counties and MCO's</li> <li>Shared dates for upcoming conferences and trainings for stakeholders to attend</li> </ul>	members will volunteer or be voted in to attend scheduled conferences and trainings	
<b>6. MCO Updates- 10 min</b>	<ul style="list-style-type: none"> <li>Ramona shared MCO updates reminding everyone of the Tailored Plan being delayed</li> <li>Asked committee to come with answers to 3 questions for April State CFAC meeting</li> <li>Shared State would like to know from Local CFACS 1. Top Issues 2. Top issues with Mental Health, Substance Use Disorder, Intellectual and Developmental Disabilities, and Traumatic Brain Injury services in community and 3. Topics on projects to learn about</li> <li>Mentioned I2I conference is being rescheduled for June and she's awaiting open registration dates for members to elect who will attend</li> </ul>	CFAC will have a list of concerns to share during April Meeting	Next CFAC Meeting in April
<b>9. Statutory Requirements and Recommendations: 15-30 min</b>	<ul style="list-style-type: none"> <li>Aimee shared the new Agenda Template and requirement for Chair to discuss one statutory requirement, recommendation, or bylaw in every CFAC meeting</li> <li>Aimee reminded stakeholders this keeps everyone aware of time constraints during meetings and avoids redundant questions about policies and procedures so that matters at hand can be addressed versus the same conversations being had each meeting</li> </ul>	CFAC chair and Vice Chair will work with MIOS on identifying statutes to review each meeting with stakeholders	Monthly starting in April
<b>11 Announcements</b>	<ul style="list-style-type: none"> <li>Marie addressed stakeholders requesting more active participating from members to attend local events, trainings, and conferences stating a vote in system will be implemented based on member's availability</li> <li>Richard shared information on NAMI walk which will be held in Morrisville this year</li> </ul>	Planning and election of volunteers for events will be voted in next meeting and	Monthly beginning with next meeting

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	<ul style="list-style-type: none"><li>• Requested Walkers as well as Sponsors</li><li>• Updated committee on NAMI Campus which has 10 spots on NC campuses so far with a high school version being implemented in Western Carolina at a location in Shelby</li></ul>	monthly for future meetings	
<b>12. Adjournment:</b>	<b>Marie moved to adjourn and it was seconded by stakeholders in attendance</b> The suggested next meeting will be April 18, 2023, at 5:30 p.m.	N/A	N/A