



Thursday, March 23, 2023

Consumer and Family Advisory Committee- Cumberland  
(Virtual Meeting via Microsoft Teams)  
5:30pm- 7:00pm

**MEMBERS PRESENT:** ☒ Michael McGuire ☒ Ellen Gibson, ☒ Dorothy Johnson ☒ Sharon Harris ☒ Briana Harris ☐ Shirley Francis ☒ Tekeyon Lloyd ☒ Tracey Glenn- Thomas ☒ Renee Lloyd ☐ Carson Lloyd Jr. ☒ Felishia McPherson

**BOARD MEMBERS PRESENT:**

**GUEST(S):** ☐ Suzanne Thompson, NCDHHS

**STAFF PRESENT:** ☐ Dr. Aalece Pugh-Lilly, Sr Director of Community Health & Well Being, ☐ Aimee Izawa, Director Community & Member Engagement ☒ Ramona Branch, Manager, Member Inclusion & Outreach, ☒ Starlett Davis, Member Inclusion & Outreach Specialist

## Microsoft Teams meeting

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Or call in (audio only)

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Meeting ID: 250 518 783 75

Phone Conference ID: 607 739 735#

AGENDA ITEMS:	DISCUSSION:	NEXT STEPS:	TIME FRAME:
1. <b>Welcome and Introductions- 10 min</b>	The meeting was called to order by Felishia McPherson at 5:46 pm	N/A	N/A
2. <b>Review of the Minutes – 5 min</b>	The minutes from the February 23, 2023 meeting were reviewed; a motion was made by Michael McGuire and seconded by Ellen Gibson to approve the minutes	N/A	N/A
3. <b>PUBLIC COMMENT- 10 min</b>	Felishia and Ellen Community events and resources. Covid 19 Check ins	Please see Felishia, Ellen, Ramona, or Star for any questions	Ongoing

Draft minutes may be submitted with the monthly Board packet. Minutes will be approved by this Committee at a later date; minutes approved on [Click or tap to enter a date..](#)

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	Felishia- Ellen, Michael and Felishia attended the Annual One in Recovery conference. They said it was phenomenal. They realized that their Peers are having challenges with getting paid. They encouraged participation in the local NC Peer Leadership Council via Nami. ADA Updates- Shirley Francis- none at this time		
4. <b>Speaker: 15-30 min</b>	N/A Starlett went over the CFAC committee responsibilities for setting up a speaker or short training. She went over the process.		
5. <b>State Updates 10 min</b>	Suzanne Thompson Ms. Thompson was not on the call. They are currently rotating staff as they can to cover meetings when they are available.	N/A	N/A
6. <b>Reports: - 15 min BOD, Steering Committee, State to Local, State CFAC, Conferences, Trainings, etc.</b>	Ramona Branch Ramona explained the questions and their purpose. Starlett led the discussion and recorded the answers. Local CFAC Questions <ol style="list-style-type: none"><li>1. What is the top issue or concern statewide right now? *The Medicaid top concern is that now that they approved the expansion more people will be on the waiting list. What will happen with the waiting list. *How will unmet needs be handled? * Where are the providers coming from? We don't have enough staff. *Housing and how landlords have quadrupled their rent. There is concern that the state offered assistance during Covid so why are they going up on rent? There are many who cannot afford housing. *Language used in talking about services.</li><li>2. What are the top issues or concerns in the following areas: MH, SU, IDD and TBI?</li></ol>	Felishia will report this on the State to Local call	Ongoing

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	<ul style="list-style-type: none"><li>*Concerned about ADAP closing down. Having resources for our SA youth to them out of the criminal system.</li><li>*MH youth and young adults don't have anything to do that is productive and safe. Not many options for youth outside of the few programs established.</li></ul> <p>3. What topics or projects would you like to learn more about?</p> <ul style="list-style-type: none"><li>* More programs on resiliency and inclusion.</li><li>*Teaching members how to budget and prepare for housing, savings, and managing and purchasing homes.</li><li>* Encouraging the population to advocate for themselves more. Encouraging them to join organizations that can support and assist with advocacy.</li></ul>		
<b>7. MCO Updates- 10 min</b>	Aimee Izawa was not on the call. Ramona encouraged participation in State to Local, go to the state cfac meetings and the upcoming Steering Committee meeting on April 3 <sup>rd</sup> . Ramona also reminded the committee that there was a survey monkey sent out about membership terms and how long a person can be off the committee before coming back on. Ramona also wanted them to know that they needed to also fill out the portion about their shirt size for their CFAC polo. Starlett explained that at the last meeting Aimee shared the CFAC brochures. They are located at the Cumberland office. They can be arranged to be left at the front for you if you want some.	Members are encouraged to participate in the State to Local, State CFAC, and Steering committee meeting on April 3 <sup>rd</sup> .	April 3, 2023
<b>9. Statutory Requirements and Recommendations: 15-30 min</b>	Ramona explained this portion of the agenda. This is a restructure of the agenda. There have been time limits on the agenda now. They are more so as a guide. This portion is the Statutory Requirements and Recommendations. One of these need to be discussed at every monthly meeting. This is apart of your responsibilities. Of course exceptions can be made if time is not available for it. This is a reminder to discuss these. Ramona read each one for the committee. These discussions will help with these requirements. Starlett asked the committee which one they would like to be prepared to speak on at the	1) Review, comment on, and monitor the implementation of the contract deliverables between area authorities and	April 27, 2023

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	<p>next meeting. 1) Review, comment on, and monitor the implementation of the contract deliverables between area authorities and the Department of Health and Human Services will be discussed at the next meeting.</p> <p>(1) Review, comment on, and monitor the implementation of the contract deliverables between area authorities and the Department of Health and Human Services. (2) Identify service gaps and underserved populations. (3) Make recommendations regarding the service array and monitor the development of additional services. (4) Review and comment on the area authority budget. (5) Develop a collaborative and working relationship with the area authority's member advisory committees to obtain input related to service delivery and system change issues. (6) Submit to the State Consumer and Family Advisory Committee findings and recommendations regarding ways to improve the delivery of mental health, intellectual and developmental disabilities, substance use disorder, and traumatic brain injury services, including Statewide issues.</p>	<p>the Department of Health and Human Services will be discussed at the next meeting, 4/27/2023</p>	
<b>11 Announcements</b>	<p>Starlett Davis</p> <p>The Cumberland CFAC committee is responsible for setting up a speaker for each meeting. Please contact Starlett Davis to let her know who will be speaking at each meeting. Please refer to February 2023 meeting for further instruction or contact Starlett Davis, MIOS</p>	<p>N/A</p>	<p>N/A</p>
<b>12. Adjournment:</b>	<p><b>Dorothy moved to adjourn and it was seconded by Tekeyyon.</b> The suggested next meeting will be April 27, 2023, at 5:30 p.m.</p>	<p>N/A</p>	<p>N/A</p>