



February 27, 2023 Minutes

CONSUMER AND FAMILY ADVISORY COMMITTEE - REGULAR MEETING
3205 Freedom Drive, Charlotte, NC 28208
Held Via Video Conference/In-Person

MEMBERS PRESENT: ☒ Ron Clark (in-person) , ☐ Linda Campbell (in-person), ☒ Ruth Reynolds (in-person), ☒ Randy Sperling (in-person), ☒ Beverly Corpening (virtual), ☒ Shagun Gaur (virtual), ☒ Melida Baldera (virtual) ☒ Alan McDonald (in-person), ☒ Michael Flood (in-person), ☒ Lois Stickell (in-person), ☒ Shari Phillips-Stratton (virtual), ☐ Jocie Cremisi, ☒ Jim Sonda (virtual)

BOARD MEMBERS PRESENT: None

GUEST(S): ☒ Suzanne Thompson, NCDHHS (virtual), ☒ Larinda Battle, Parent/Member (in-person) ☒ Judy Clark (virtual)

STAFF PRESENT: ☒ Dr. Aalece Pugh-Lilly, Sr Director of Community Health & Well Being (in-person), ☒ Lakeisha McCormick, Manager, Member Inclusion (in-person), ☒ Eileen Bennett Member Inclusion Specialist (in-person), ☒ Fantasia Jones, Member Inclusion Specialist (in-person)

WELCOME AND INTRODUCTIONS – the meeting was called to order at 5:01 pm

REVIEW OF THE MINUTES – The minutes from the January 23, 2023 meeting were reviewed; a motion was made by Lois Stickell and seconded by Ruth Reynolds to approve the minutes. Motion passed unanimously.

| AGENDA ITEMS: | DISCUSSION: | NEXT STEPS: | TIME FRAME: |
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| 3. State Updates 5:40-5:50 | Suzanne noted that there will be a delay in the Tailored Plan. It is now set to begin on October 1, 2023. She noted new letters will be sent out shortly to all members and that the state is working right now to make the letter user friendly and easy to understand. They are working with the State CFAC to create a user friendly guide to help interpret the letter. She noted the biggest thing that the letter will convey is the Delay in the TP. She said this is a positive thing because the MCO's will have more time to get more providers. Linda noted the last letter was not clear and it was difficult to understand. Suzanne also noted that Dave Richards last day would be Tuesday and she wanted everyone to be aware of it. | Ongoing | N/A |
| 4. CFAC Budget/Budget Retreat 5:50-6:10 | Lakeisha noted that every year the Alliance Board has a Budget Retreat. They take recommendations to the Board about the Budget and anything the CFAC's feel are areas that need to be addressed. Some of the areas the other Alliance CFACS have shared are Access to IDD services, increased CIT training, education on the registry of unmet needs, extended emergency room stays, transportation in rural communities. Lakeisha asked what the Mecklenburg CFAC would like to suggest to the Board. Lois noted that she would like to see more funds to parents that are supporters. Linda noted she would like more training and support of folks with mental health as well training of agencies and direct support workers. Alan noted that the social media, most importantly websites need to be updated more and more easily accessible. Lakeisha noted to Alan that a big part of the social media/website issues is the requirement by the state that everything be approved through them. Shagun noted that she would like to see more easily accessible lists of providers and providers that help with specific diagnosis. Lakeisha noted there are many providers that can offer diagnoses and evaluations, but the problem is do they accept Medicaid? That limits the pool of available diagnosticians. Lakeisha asked if there were any positive things that CFAC would like to share with the | Ongoing | N/A |

Draft minutes may be submitted with the monthly Board packet. Minutes will be approved by this Committee at a later date; minutes approved on [Click or tap to enter a date..](#)

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| | Board. Michael noted that the Crisis Urgent Care is a great step in the right direction. Jim noted that Alliance has shown he and his daughter so much compassion and attention to his issues. Michael noted that he feels that the Community Engagement department has been really working hard to make Alliance awareness. Ron noted that overall his impressions from the community is that Alliance is doing good work. He noted that Lakeisha and Eileen have been offering help to members that he has noted and had reports that were positive back. | | |
| 5. Legislative Breakfast Recap 6:10-6:20 | Ron and Linda noted that the theme for the Legislative Breakfast seemed to be the needs of the rural communities and lack of service providers. Ron noted that Mecklenburg County has so many choices and resources that it is hard to see that the rural communities have such limited resources and providers. Linda agreed with Ron and noted that Eileen will need to send out Linda's bullet points. She said it was just jaw dropping how little resources the rural areas had. She also noted there was a big push for Medicaid Expansion in general. The Legislators at the breakfast noted that there would be many more services coming in relation to mental health services. Ron noted that transportation in rural areas is a huge issue and needs to be addressed. There are very limited choices. Alan asked if they had solutions or ideas about funding in the future? Both Linda and Ron said not really but Linda noted that COVID also made NC aware of the gap in internet in the rural areas as well. Alan noted that he was pretty sure there was a bill in front of the Legislature in regard to internet expansion and asked about the bill for Medicaid Expansion. | Eileen to provide Linda's notes from Legislative Breakfast | N/A |
| 6. BHSP Affinity Group 6:20-6:30 | Michael noted that the Behavior Health Strategic Plan is a committee that will meet monthly. It's led by Robert Nesbitt and that the committee picked 5 areas that they wanted to concentrate on. He provided a spreadsheet with the five questions. These questions will be asked to community wide partners/stakeholders/members to identify gaps/problems. They will then use that data to come up with an action plan on how to address the issues. Ron noted that he was one of the stakeholders that was contacted with the questions and that the interviewer was very thorough and informative. Linda noted that she felt like there were a lot of barriers that needed to be overcome for the group to be successful. Shagun asked if the group was open to the public. Michael noted that the group will continue to meet but that it is a closed group. Aalece suggested that Michael and Linda recommend Shagun as a stakeholder to be interviewed. | N/A | N/A |
| 7. Steering Committee Update 6:30-6:40 | Lois provided an overview of the steering committee with a PowerPoint she submitted to the committee. Ron and Jim asked some follow up questions in reference to the housing crisis. Noted that Meck County is making some progress | Eileen Follow up on crisis collaborative. | N/A |

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| | in this area. We had a brief discussion about the Crisis Collaborative and Eileen noted that she will follow up with Jim regarding attending the monthly meeting. | | |
| 8. -Down Syndrome Association 5k Walk -Legislative Day 6:40-6:50 | Eileen gave a brief description of the 5k walk and other community engagements. She noted that the CFAC can participate in any of the events and can register as volunteers. Lakeisha noted that they can also join Alliance Health staff at vendor table events representing CFAC. | | |
| Announcements | <p>Judy Clark thanked the group for allowing her to be here and that she is a volunteer but also a part time employee for the Metrolina Provider Network and gave a brief description. She said she had some concerns regarding the information that is being given to the Legislature and the specific needs of our communities. She also noted another area of concern are individuals with Autism who are also dually diagnosed with Alzheimer's. That it is an emerging group that needs to be addressed. She also requested the email of Linda.</p> <p>Larinda Battle introduced herself and said she is a parent of a member with IDD and MH challenges. She is a frequent flyer of services and has a wide range of knowledge in that area. She also is also on the NC parent advisory council as well.</p> <p>Randy noted that she had a motion on the table to have a part in each meeting where we discuss gaps. She noted that she wanted the discussion to be 15 minutes. There was some discussion surrounding how much time should be given to the gap discussion. Michael noted that he thought that the agenda was going to be redone by Alliance so that the CFAC's can be more organized with the information they are discussing. Lakeisha noted that it is important for the CFAC's to discuss the gaps as that is part of their by-laws, but that we are in fact re-vamping the agenda to make sure that each CFAC is meeting the state requirements for each CFAC. Linda asked that we table the motion, and it was agreed to table the motion.</p> | Eileen provide email to Judy Clark. | N/A |

ADJOURNMENT: 7:03 pm Alan McDonald moved to adjourn and it was seconded by Ruth Reynolds. The motion carried.

The next meeting will be March 27, 2023, at 5:30 p.m.