



HEDIS® Diabetes Monitoring for People with Diabetes and Schizophrenia (SMD)

What is the SMD measurement?

The SMD measurement is the percentage of adults 18-64 years of age with schizophrenia and diabetes who had both an LDL-C and an HbA1c test during the measurement year.

The member must have both tests to meet the measure.

Why is this measure important?

Diabetes is one of the top ten leading causes of death in America. Failure to appropriately care for diabetes in people with schizophrenia can lead to worsening health and death. Improved health and quality of life are likely benefits of addressing these physical health needs.

Strategies for success

- Encourage shared decision-making by educating members and caregivers about the importance of monitoring their diabetes.
- Build care gap alerts in your electronic medical record.
- Communicate and coordinate care between behavioral health and primary care physicians by requesting test results, communicating test results or scheduling an appointment for testing.
- Ensure that members and caregivers understand all lab results, instructions and/or the course of treatment.
- Ensure that the member knows what to do in the event of a crisis.

Continued

The information presented by Alliance Health above is for informational purposes only. It is not intended for use in lieu of state guidelines or service definitions nor is it to be used to guide individualized treatment. Please refer to your Medicaid contract for additional details.

How do I bill for the labs?

- **HbA1c tests**
 - CPT codes- 83036 and 83037
 - CPT-CAT II codes- 3044F, 3046F, 3051F and 3052F
- **LDL-C tests**
 - CPT codes- 80061, 83700, 83701, 83704 and 83721
 - CPT-CAT II codes- 3048F-3050F

References:

- HEDIS® Quick Reference Guide. CalViva Health and Health Net® Community Solutions.
- Molina HealthCare. Healthy Connections. 2020. HEDIS® Tips: Diabetes Monitoring for People with Diabetes and Schizophrenia (SMD).
- Please visit <https://www.ncqa.org/hedis/measures/diabetes-and-cardiovascular-disease-screening-and-monitoring-for-people-with-schizophrenia-or-bipolar-disorder/> for more information about diabetes monitoring for people with diabetes and schizophrenia.
- Please visit <https://www.horizonblue.com/providers/resources/hedis-guidelines/hedis-measurement-year-my-2022-provider-tips-optimizing-hedis-results/diabetes-monitoring-people-diabetes-and-schizophrenia-smd> for more information about diabetes monitoring for people with diabetes and schizophrenia.