



# Provider Training: NC Tobacco Free Campus

This training is applicable to Tailored Plan and Medicaid Direct

# What is Tobacco-Free Campus?

Starting July 1, 2022 North Carolina Standard and Tailored Plans that serve people with Medicaid or who are uninsured will require contracted medical, behavioral and some intellectual/developmental disabilities (IDD)/traumatic brain injury (TBI) organizations to provide 100% tobacco-free campus.

## WHY?

- NC is committed to protecting the health of all North Carolinians.
- Tobacco – related illness is the number one preventable cause of death and disability in NC.
- A 100% tobacco-free campus is an essential part of offering evidence- based tobacco use treatment.
- The U.S. Surgeon General states there is no safe level of secondhand smoke.
- No one should be exposed to secondhand smoke when they access care or on the job.

# Tobacco-Free Campus Requirements

## Policy Requirement:

- Indoor use of tobacco products shall be prohibited in all provider owned/operated contracted settings.
- For outdoor areas on campus, provider shall:
  - Ensure access to common outdoor space that are free from exposure to tobacco use; and
  - Prohibit staff/employees from using tobacco anywhere on campus
- Implementing a tobacco-free policy can take 3-6 months, occasionally longer.

# Tobacco Free Campus – How?

- **Use your resources:**
  - [BreatheEasyNC.org](https://BreatheEasyNC.org) – an initiative to support North Carolinians with behavioral health conditions, intellectual or developmental disabilities, and traumatic brain injuries in becoming tobacco free through working with service providers.
  - Leverage your [regional and local tobacco control staff](#)
  - Leverage your Alliance Practice Transformation Specialist as a resource
  - Use the [QuitlineNC](#)