



Provider Training:  
Early Periodic Screening Diagnostic Treatment  
(EPSDT)

# What is EPSDT?

- Early Periodic Screening Diagnostic Treatment is Medicaid's federally mandated comprehensive and preventative child health program for children under 21.
- Purpose is to focus the attention on early prevention and treatment.
- Services include screening, diagnosis, treatment, transportation to and from and assistance with scheduling.

# EPSDT - Screening

- **Screening includes:**
  - Comprehensive health and developmental assessment to include both physical and mental health development and history
  - Comprehensive physical exam
  - Appropriate immunizations
  - Laboratory tests
  - Health education including anticipatory guidance
  - Vision services
  - Dental services
  - Hearing services
  - Other health care, such as diagnostic services and treatment to correct or ameliorate defects, physical and mental illnesses, and conditioners discovered by the screening services

# EPSDT - Schedule

- The schedules used to determine when services are due are from the following:
  - American Academy of Pediatrics (AAP) Periodicity Schedule

## References

- [PERIODICITY SCHEDULE 2021.indd \(aap.org\)](#)

# EPSDT – Age Specific Guidelines Chart and Immunization Schedule

AGE <sup>1</sup>	INFANCY								EARLY CHILDHOOD							MIDDLE CHILDHOOD						ADOLESCENCE										
	Prenatal <sup>2</sup>	Newborn <sup>3</sup>	3-5 d <sup>4</sup>	By 1 mo	2 mo	4 mo	6 mo	9 mo	12 mo	15 mo	18 mo	24 mo	30 mo	3 y	4 y	5 y	6 y	7 y	8 y	9 y	10 y	11 y	12 y	13 y	14 y	15 y	16 y	17 y	18 y	19 y	20 y	21 y
<b>HISTORY</b>	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Initial/Interval	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
<b>MEASUREMENTS</b>																																
Length/Height and Weight		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Head Circumference		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Weight for Length		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Body Mass Index <sup>5</sup>												●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Blood Pressure <sup>6</sup>		★	★	★	★	★	★	★	★	★	★	★	★	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
<b>SENSORY SCREENING</b>																																
Vision <sup>7</sup>		★	★	★	★	★	★	★	★	★	★	★	★	●	●	●	●	★	●	★	●	★	●	★	●	★	●	★	●	★	●	★
Hearing		● <sup>8</sup>	● <sup>9</sup>	→	★	★	★	★	★	★	★	★	★	★	●	●	●	★	●	★	●	→	● <sup>10</sup>	→	→	→	→	→	→	→	→	→
<b>DEVELOPMENTAL/SOCIAL/BEHAVIORAL/MENTAL HEALTH</b>																																
Maternal Depression Screening <sup>11</sup>				●	●	●	●																									
Developmental Screening <sup>12</sup>								●			●	●	●																			
Autism Spectrum Disorder Screening <sup>13</sup>											●	●																				
Developmental Surveillance		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Behavioral/Social/Emotional Screening <sup>14</sup>		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●											
Tobacco, Alcohol, or Drug Use Assessment <sup>15</sup>																						★	★	★	★	★	★	★	★	★	★	★
Depression and Suicide Risk Screening <sup>16</sup>																							●	●	●	●	●	●	●	●	●	●
<b>PHYSICAL EXAMINATION<sup>17</sup></b>		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
<b>PROCEDURES<sup>18</sup></b>																																
Newborn Blood		● <sup>19</sup>	● <sup>20</sup>	→																												
Newborn Bilirubin <sup>21</sup>		●																														
Critical Congenital Heart Defect <sup>22</sup>		●																														
Immunization <sup>23</sup>		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Anemia <sup>24</sup>						★	★		●	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Lead <sup>25</sup>						★	★	● or ★ <sup>26</sup>		★		● or ★ <sup>26</sup>		★	★	★	★	★	★	★	★											
Tuberculosis <sup>27</sup>			★			★			★			★		★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Dyslipidemia <sup>28</sup>												★		★	★	★	★	★	★	★	★	→	★	★	★	★	★	★	★	★	★	★
Sexually Transmitted Infections <sup>29</sup>																						★	★	★	★	★	★	★	★	★	★	★
HIV <sup>30</sup>																						★	★	★	★	★	★	★	★	★	★	★
Hepatitis B Virus Infection <sup>31</sup>		★																														
Hepatitis C Virus Infection <sup>32</sup>																																
Sudden Cardiac Arrest/Death <sup>33</sup>																						★										
Cervical Dysplasia <sup>34</sup>																																
<b>ORAL HEALTH<sup>35</sup></b>							● <sup>35</sup>	● <sup>36</sup>	★		★	★	★	★	★	★	★															
Fluoride Varnish <sup>37</sup>						→					●					→																
Fluoride Supplementation <sup>38</sup>							★	★	★		★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★	★
<b>ANTICIPATORY GUIDANCE</b>	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●

# EPSDT – Notes About Guidelines

- All well visits should include, at a minimum, an unclothed physical exam, developmental assessment, anticipatory guidance, and age-appropriate screening and immunizations, as indicated.
- Health education should include counseling for issues and risks factors, as well as inform patients about the benefits of a healthy lifestyle, safety practice/accident avoidance and disease prevention.
- Screenings are recommended by AAP and AAPD. An initial screening may be done at any time, even if the patient's age does not correspond with periodicity schedule.
- If you are not receiving your monthly panel members that are past due, contact your Provider Network Specialist.

# EPSDT – Billing Codes

CPT	New Patient	CPT	Established Patient
99381	Preventive visit, Age < 1 year	99391	Preventive visit, Age < 1 year
99382	Preventive visit, Age 1-4	99392	Preventive visit, Age 1-4
99383	Preventive visit, Age 5-11	99393	Preventive visit, Age 5-11
99384	Preventive visit, Age 12-17	99394	Preventive visit, Age 12-17
99385	Preventive visit, Age 18-21	99395	Preventive visit, Age 18-21

Codes	Description
Z68.51-Z68.54	BMI percentile (use for 2-20 years of age)
97802-97804	Medical nutrition therapy
Z02.5	Encounter for examination for participation in sport
Z71.82	Counseling for physical activity
Z71	Persons encountering health services for other counseling and medical advice, not elsewhere classified

# EPSDT – Other Coding Tips

- ICD-10 codes – if a problem is found, use appropriate code as the secondary diagnosis – **DO NOT** change the coding from a well visit to a sick visit; use modifier 25
- Use antigen codes along with immunization administration codes.
- Referral codes must be included.



# EPSDT - Assessments

Assessments can be found on the Alliance Health Plan Website. The link will be provided when Alliance builds out the physical health document storage. The website is currently under development.

# EPSDT – Requesting Non-Covered Services

Please see the Alliance Health, [Out-of-Network Authorization](#) page for how to serve a child that is out of network.

# EPSDT - FAQ

- **Where can I get forms or information about the guidelines?**

The guidelines and forms for The American Academy of Pediatrics program can be found at (there may be costs associated with some materials):

[Bright Futures \(aap.org\)](http://aap.org)

**Immunization information can be found at:** [Bright Futures/American Academy of Pediatrics](http://BrightFutures/AmericanAcademyofPediatrics)

- **If the child comes in sick but an EPSDT services was provided, can a well – care claim and a sick-child claim be submitted the same day?**

Yes, use a Modifier 25 on the applicable E&M code.

# EPSDT - Resources

## [NC Medicaid EPSDT](#)

### Prevention

Adolescent Development	<a href="http://www.nlm.gov/medlineplus/ency/article/002003.htm">www.nlm.gov/medlineplus/ency/article/002003.htm</a>
Ages and Stages Questionnaires (fees may apply)	<a href="http://www.healthychildren.org">www.healthychildren.org</a>
American Academy of Family Physicians	<a href="http://www.aafp.org">www.aafp.org</a>
American Academy of Pediatrics – assessments, patient education, forms and other information	<a href="http://www.brightfutures.org">www.brightfutures.org</a>
Bright Futures Growth and BMI Charts	<a href="http://www.brightfutures.org/growthcharts/">www.brightfutures.org/growthcharts/</a>
Health Resources and Service Administration (HRSA), Maternal and Child Health	<a href="http://www.mchb.hrsa.gov/epsdt">www.mchb.hrsa.gov/epsdt</a>
North Carolina Breastfeeding Coalition	<a href="http://www.ncbfc.org">www.ncbfc.org</a>

# EPSDT - Resources

Prevention - Continued	
March of Dimes	<a href="http://www.marchofdimes.com">www.marchofdimes.com</a>
Medicaid EPSDT Programs	<a href="https://www.Medicaid.gov/Medicaid/benefits/epsdt/index.html">https://www.Medicaid.gov/Medicaid/benefits/epsdt/index.html</a>
Modified Checklist for Autism in Toddlers (M-CHAT) autism screening tool	<a href="https://www.autismspeaks.org/screen-your-child">https://www.autismspeaks.org/screen-your-child</a>
National Domestic Violence Hotline	<a href="http://www.ndvh.org">www.ndvh.org</a> 1-800-799-SAFE (7233)
U.S. Department of Health and Human Services	<a href="http://www.healthfinder.gov/HealthTopics">www.healthfinder.gov/HealthTopics</a>
American Academy of Pediatric Dentistry	<a href="http://www.aapd.org">www.aapd.org</a>

# EPSDT - Resources

Immunizations	
Immunization Action Coalition	<a href="http://www.immunize.org">www.immunize.org</a>
North Carolina Immunization Registry	<a href="#">NC DPH, WCH: Immunization: Providers</a>
Vaccine Safety	<a href="http://www.vaccinesafety.edu">www.vaccinesafety.edu</a>