



## Immunizations for Adolescents (IMA)

### What is the Immunizations For Adolescents measure?

Immunizations for Adolescents is a measurement that assesses adolescents 13 years of age who had one dose of meningococcal vaccine, one Tdap vaccine and the complete human papillomavirus vaccine series by their 13th birthday.

The vaccines include:

- At least one meningococcal serogroups A, C, W, Y vaccine, with a date of service on or between the member's 11th and 13th birthdays.
- At least one tetanus, diphtheria toxoids and acellular pertussis Tdap vaccine, with a date of service on or between the member's 10th and 13th birthdays.
- At least two HPV vaccines with different dates of service on or between the member's 9th and 13th birthdays.

### Why is this measure important?

Vaccines are a safe, easy and effective way to keep a person healthy and kickstart a healthy adulthood. Vaccines can often mean the difference between life and death. Diseases like meningococcal meningitis, tetanus, diphtheria, pertussis (whooping cough) and human papillomavirus (HPV) are very serious diseases that are preventable by vaccines. Failure to obtain vaccines leave adolescents highly susceptible to diseases, suffering and potentially death. They are also a means of protecting family and friends from infectious diseases.

### How can you help?

It is important that you remain abreast of the dates for annual well-care visits. Creating alerts in your care management system for well-care visits coming due will assist care management teams in coordinating appointments with members and/or their caregivers. It may be necessary to assess previous and potential barriers and effectively plan, with members and families, to ensure there are no gaps in visits. Educating both parties about the adverse health possibilities may also prove beneficial. Care management team members are strongly encouraged to attend well-care visits with child and caregiver. Whenever a team member is unable to attend, they must follow-up immediately after the visit.

### References:

- National Foundation for Infectious Diseases. AdolescentVaccination.org. 2013 "10 Reasons to be Vaccinated." <http://adolescentvaccination.org/10-reasons>.
- The Health Plan.org. 2022. "Immunizations for Adolescents." [https://www.healthplan.org/application/files/8616/5954/6752/Immunizations\\_for\\_Adolescents.pdf](https://www.healthplan.org/application/files/8616/5954/6752/Immunizations_for_Adolescents.pdf).