



## Program Description

Suicide

is one of the leading causes of death in the United States as well as one of the most difficult problems mental health professionals have to handle in their profession. Beyond completed suicides, suicidal behavior is common therefore a thorough understanding of how to assess for risk as well as how to intervene when suicidal behavior occurs is crucial for a mental health practitioner. The aim of this course is to learn updated information about the risk factors that lead to suicide and the interventions that are effective for suicidal behavior. This workshop will provide assessment of suicide risk and in crisis intervention and management training.

## Target Audience

This program

has been planned for Alliance Healthcare staff and providers of mental health, I/DD, and substance use services.

## Presenter

**Andrada**

**Delia Neacsiu, Ph.D.**, Assistant Professor in Psychiatry and Behavioral Sciences is a clinical psychologist with a primary interest in outpatient interventions for difficulties managing emotional experiences that interfere with well-being. As a clinician, Dr. Neacsiu specializes in Dialectical Behavior Therapy (DBT) and Cognitive Behavioral Therapy (CBT) for adults who report a variety of mental health problems, including personality, mood, anxiety, eating, trauma, stress-related, adjustment, and impulse control disorders. Her approach to psychotherapy includes working collaboratively with my patients to identify their unique life and therapy goals and implementing evidence-based interventions to achieve the identified goals. As an educator, Dr. Neacsiu trains clinicians nationally and teach graduate students, psychology and psychiatry residents in how to effectively apply CBT and DBT in their clinical work. As a researcher, Dr. Neacsiu focuses on psychotherapy optimization and neuroscience-informed treatment development for emotion dysregulation. Her research keeps her up to date with the latest evidence-based approaches to use in her clinical work, and her work with patients strongly influences the research that she does. Outside of work, Dr. Neacsiu enjoys traveling, gourmet food, nature adventures, and time with friends with family.

## Fees

This training is

sponsored by Alliance Health, and registration is restricted to their staff and providers.

## Credits

No partial

credit will be given. You must attend all of the session.

**CEUs:** 0.200 **Contact Hours:** 2.0 credit will be awarded to participants who attend 100% of the program.

**NASW-NC:** NC AHEC is a 2022 NASW-NC approved provider of distance continuing education. This program has been approved for up to 2.0 contact hours



**NBCC:** Southern Regional AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5362. Programs that do not qualify for NBCC credit are clearly identified. Southern Regional AHEC is solely responsible for all aspects of the programs.



**NC Psychologists Category A:** This program will provide up to 2.0 contact hours (category A) continuing education credit to NC Psychologists.

**NCSSAPB:** 2.0 hours of Substance Abuse General Skill Building credit. Pending approval number.

## Objectives

Upon

completion participants will be able to:

- Review the latest findings on factors that increase risk for suicidal behavior.
- Identify the functions of suicidal behavior.
- Describe how to target suicidal behavior with brief interventions.



## May 20, 2022

Interactive Online Training – 2:00 pm to 4:00 pm

Access instructions will be provided via email to registrants – pre-registration required.

Registration restricted to Alliance Health staff and providers.

Please register online (link below) for best results!

**Register Online:** <https://www.southernregionalahec.org/courses-and-events/68514>

*Note – online registrations get added first. Please consider clicking on the link to register.*

If you are not registering online, send this form to [registrar@sr-ahec.org](mailto:registrar@sr-ahec.org) and please mark credit(s) needed:

☐ CEU ☐ Contact Hours ☐ NCSSAPB (substance use) ☐ NBCC ☐ Cat. A Psychology

☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms.

**Name:**

**Degree:**

Home Address:

City, State, Zip:

Home County:

Hm. phone:

**Employer:**

Work Address:

City, State, Zip:

Work County:

Work Phone:

**Job Title:**

Your Specialty Areas:

*(i.e., substance use, developmental disability, etc.)*

**Preferred Email address:**

**VISA/MC/AMEX:**

**Exp Date:**

**Signature:**

### Important Information

#### Substitutes/Refunds/Transfers

If you register for a program and cannot attend, you may send a substitute or cancel 48 hours in advance.

#### Americans With Disabilities Act

If you need any of the auxiliary aids or services identified in the Americans With Disabilities Act of 1990 in order to attend any of these programs, please call (910) 678-7305.

#### Questions And Suggestions

Please contact Damaria McMillan at [damaria.mcmillan@sr-ahec.org](mailto:damaria.mcmillan@sr-ahec.org) or (910) 678-7305.

#### Our Promise To You

Southern Regional AHEC strives to offer the highest quality educational programming. If, for any reason, any of these programs do not meet your needs, please let us know. We value your feedback and will resolve the issue to your satisfaction.

### Agenda

1:45 pm	Login
2:00 pm	Review the latest finding on factors that increase risk for suicidal behavior
3:00 pm	Identify the functions of suicidal behavior
3:30 pm	Describe how to target suicidal behavior with brief interventions
4:00 pm	Adjourn