



## Scope of Work

### **Name of Program/Services**

Treatment Foster Care Oregon (TFCO)

### **Description of Services**

Treatment Foster Care Oregon (TFCO) is an alternative to congregate care for youth with severe emotional and anti-social behavior. This model offers an intensive evidenced-based treatment for high needs youth in clinically supported home settings.

Referrals are received from juvenile/youth justice, mental health providers, and child welfare systems. Youth referred to TFCO are in need of an out of home placement due to serious behavioral and/or emotional problems. Referred youth may have been involved in serious criminal behavior and may have complex mental health disorders. Children and teens referred to TFCO may have disrupted from one or more previous foster home placements. Most referred youth have been involved in numerous treatment efforts prior to their referral to TFCO.

### **Required Elements of the Program/Service**

The TFCO team consists of the team leader, child therapist, family therapist, skills coaches, TFCO parent recruiter/trainer/PDR caller, TFCO parent, and consulting psychiatrist.

Five key elements of treatment are targeted during placement and aftercare:

1. Providing a consistent reinforcing environment with mentoring and encouragement
2. Daily structure with clear expectations and limits
3. High level of youth supervision and tracking
4. Limited negative peer association with prosocial peer access
5. Daily structural educational supports

Within TFCO, youth are assessed carefully and matched with a highly trained treatment foster parent. The TFCO parent will provide a safe, nurturing, and supportive home for the youth. Foster parents receive specialized training and have on call 24-hour support.

The TFCO model requires proactive respite days monthly as a support for both the parent and the youth. TFCO parent serves as an integral part of the youth treatment that creates behavioral change through evidence based behavioral management program. Only one TFCO youth will be served in each home with an average length of stay is 9 months. Each TFCO team serves 10-15 youth at one time.

### **Entrance Criteria:**

Member must meet Level II Family criteria. Additionally, the following considerations due to the TFCO evidence-based model:



Referrals to TFCO are most appropriate when in-home family preservation services have not been successful, or when a youth is exiting a highly restrictive institutional or group care setting. The initial referral should include an identified family or placement recommendation where the youth will permanently reside after completion of the program. When a youth begins a stay in a TFCO foster home, the youth's family or long-term placement home also receives TFCO services. This ensures continuity once TFCO treatment is completed.

Youth exhibiting acutely suicidal, homicidal, or psychotic behavior should not be placed in the TFCO program. Because of the intensive nature of the model, youth are expected to participate exclusively in TFCO as the sole and comprehensive treatment service (with the exception of psychiatric services, if needed). A youth should be considered safe in the community to be referred to TFCO.

TFCO at Thompson focuses on adolescents 12 through 17 years of age. TFCO is delivered by a carefully selected, highly trained specialized team that serves 10-15 youth at a time.

## **Required Outcomes**

The expected outcomes for TFCO are as follows:

### During Treatment-Agency Measure

- No more than 20% of youth move to another TFC placement once matched and placed with TFCO Home.

### At Discharge (for youth who received at least 60 days of service):

- 80% of youth move to a permanent or less restrictive setting or planned residential program.

### Six Months Post Discharge (for youth who received at least 60 days of service):

- 80% of youth have remained stable in a permanent, planned or less restrictive setting.
- Out-of-home placement: Less than 10% of youth have been placed in a higher level of residential treatment services, and less than 5% have had a psychiatric hospitalization.

### Twelve Months Post Discharge (for youth who received at least 60 days of service):

- 80% of youth have remained stable in a permanent or less restrictive setting.
- Out-of-home placement: Less than 10% of youth have been placed in a higher level of residential treatment services, and less than 5% have had a psychiatric hospitalization.

## **Collaboration**

TFCO team will collaborate with DSS/juvenile justice if applicable, Alliance care management staff, schools, other treatment providers and family/caregivers.

## **Documentation Requirements**

This service follows all requirements of CCP 8D-2 for Level II Family Type.

## **Reporting Requirements**



Annual utilization report is required to be sent to: [PNDProviderReports@alliancehealthplan.org](mailto:PNDProviderReports@alliancehealthplan.org)

Daily rate is based on a utilization of 80%. Should the utilization rise to 91-100% Alliance reserves the ability to cost settle at year end. See finance section for more detail.

### **Utilization Management**

This service follows CCP 8 D-2 Level II Family Type.

### **Finance**

This is a UCR per diem service. S5145 22 Z4