



SCOPE OF WORK

Parent-Child Interaction Therapy

Parent-Child Interaction Therapy (PCIT) is a structured, manualized treatment for young children with emotional and behavioral disorders that aims to improve the quality of the parent-child relationship and change interaction patterns. The approach focuses on changing the behavior of both parent and child. An important goal is to help caregivers to increase nurturance and learn the skills necessary to provide firm limits for their child.

Entrance Criteria

In order to qualify for PCIT, a child must be within 3-7 years old. PCIT is appropriate only for those children who have access to their caregiver at a minimum of 5 days a week in order to complete fidelity standards of home practice. Caregivers must attend weekly in-office sessions. PCIT has proved successful with children who have disruptive, impulsive child behaviors, difficulty with attention, and poor attachment with their caregiver. PCIT has also been found effective for children who have experienced trauma as it is a trauma informed treatment

- A. Score above 132 on the Eyberg Child Behavioral Inventory (ECBI) rated to intensity and score of 11 related to problem.

OR

- B. Lower score on the ECBI with significant conduct related issues, poor parental attachment and/or parenting skills, concern about parental under reporting on the ECBI.

OR

- C. Lower score on the ECBI and DSS involvement and history of abuse or neglect.

Prior to implementing PCIT, children (1) should be assessed by completing applicable assessments and inventories as outlined by the NC Child Treatment Program Measures for PCIT and (2) meet criteria for a full or partial PTSD diagnosis in addition to having a demonstrated change in functioning following a traumatic event. In order to complete PCIT, children should be deemed to be in a 'safe enough' environment in order to benefit from this treatment modality.

Provider Requirements:

All Providers that utilize the enhanced billing codes for PCIT are required to be rostered by, or be in the rostering process with, (1) the NC Child Treatment Program (<http://www.childtreatmentprogram.org/NCCounties/Index.rails>), (2) PCIT International, or (3) another PCIT International approved trainer. All providers are also expected to adhere to DHBClinical Coverage Policy 8C.

Documentation Requirements:

- Prior to billing the enhanced rate, Provider must submit to providernetwork@alliancehealthplan.org (1) evidence of being rostered OR (2) evidence of being in the process of being rostered by an approved trainer.
- Provider is to follow all requirements as laid out in the APSM 45-2 Records Management and Documentation Manual.
- There must be a treatment plan identifying the need for this service.

Service Exclusions and Limitations

PCIT provided under enhanced Outpatient rates may not be provided in conjunction with any Medicaid, State or County funded enhanced service. PCIT provided to children without an identified caregiver who can participate in each session is not reimbursable at the enhanced rate.

Eligibility and Entrance Process

Child must be between 3 and 7 years of age to be eligible for Medicaid funded PCIT. Service order shall be in place in accordance with Clinical Coverage Policy 8C – Outpatient Behavioral Health Services provided by Direct-Enrolled Providers. Prior authorization requirements are referenced in the Medicaid Benefit plan. Services shall be directly related to the beneficiary's diagnostic and clinical needs.

Expected Outcomes:

- Reduction in oppositional and disruptive behavior (Child behavior within ½ SD of normative mean on the ECBI or a score of 114 at discharge.
- Decrease in conduct problems such as stealing and fighting
- Evidence of parent mastery of child-directed interactions and parent directed interactions (i.e. use of age appropriate discipline, limit setting, nonverbal communication of affect, etc.)
- Observed improvement in child compliance
- Enhanced parent/caregiver self-confidence in parenting
- Evidence of improved parent-child interactions
- Improved compliance with classroom rules and teacher instruction in school or daycare settings

Finance:

The enhanced code and rate are:

Code: 90837 22 Z2

Rate: \$126.00 per session