

## Other Resources

**Alliance Consumer and Family Advisory Committee (CFAC)**  
AllianceHealthPlan.org

**Alliance of Disability Advocates**  
(919) 833-1117

**Association of Self-Advocates of North Carolina**  
(919) 449-7969

**Brain Injury Association of NC**  
(800) 377-1464, www.bianc.net

**Brainline**  
www.brainline.org

**DMH/DD/SAS-TBI Program**  
www.ncdhhs.gov/assistance/disability-services/traumatic-brain-injury

**First in Families of NC**  
(919) 251-8368

**Disability Rights NC**  
(919) 856-2195

**Division of Vocational Rehabilitation**  
(919) 733-7807

**Brain Injury Association of America**  
BIAUSA.org



**Alliance is here to help you find the services and support you need.**

Our goal is to help people get the support they need to live as independently as possible with a focus on strengths and choice.



How Do I Get Started?

Call the Alliance Health Access and Information Center and ask to speak to a TBI Access Specialist

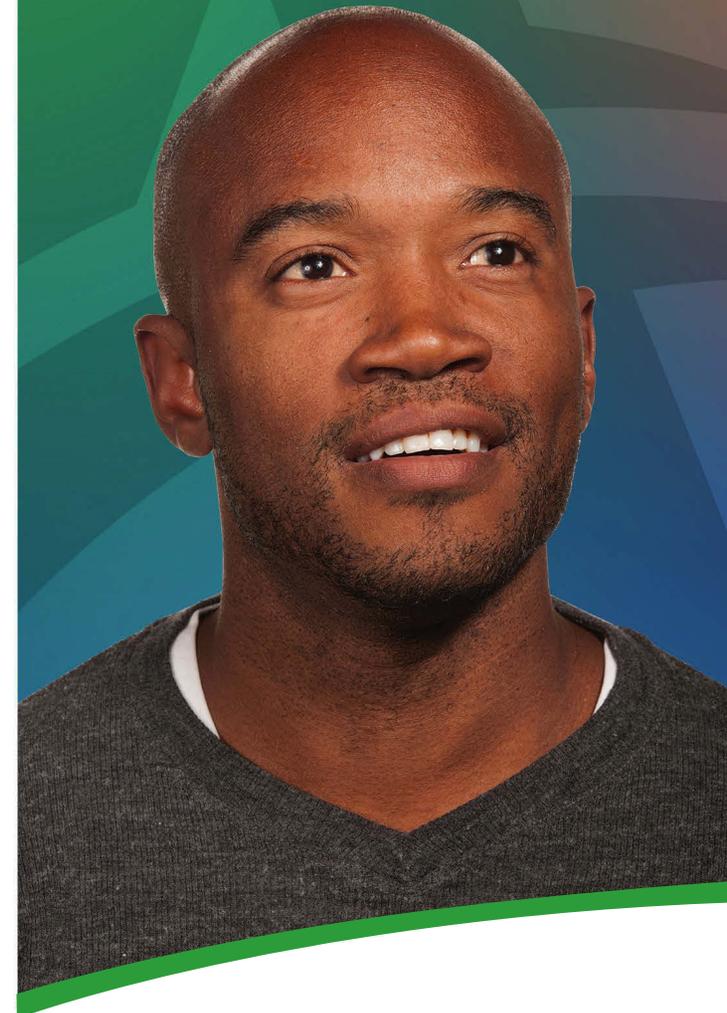
**[(800) 510-9132]**

**AllianceHealthPlan.org**



Scan with a smartphone to go to  
**AllianceHealthPlan.org/TBI**

# Alliance Health



North Carolina  
Traumatic Brain Injury (TBI)  
Waiver Services



## Who Can Get Help?

Residents of Durham, Wake, Cumberland and Johnston counties who experienced a severe TBI which:

- + Occurred on or after the age of 22
- + Resulted in effects that are likely to continue for a very long time
- + Resulted in significant challenges in completing daily activities
- + Caused the person to need more than one type of rehabilitative service and supports

Individuals must apply for and be eligible for Medicaid to receive TBI Waiver Services. Alliance staff can assist with the application process.



## What Do You Need Help With?

- + Rehabilitation services
- + In-home services and supports
- + Services to support you in the community
- + Help finding and keeping a job
- + Residential supports
- + Access to emergency medical and behavioral healthcare
- + Resource facilitation
- + Advocacy
- + Evaluations related to your TBI or other medical conditions
- + Medication review

**Each individual and family has unique characteristics.** Alliance tries to fully develop options for each person based on eligibility, personal preference and available resources.

## Who Pays For the Help I Receive?

### Federal, State and Local Funds

Public money is given to each county to pay for services. Alliance's job is to make sure that money is used to help people who truly need the services and that the services help people meet their goals.

### Medicaid

Public health insurance available to people who are disabled and/or need financial help.

### NC TBI Waiver Pilot

The goal of the TBI Waiver program is to provide a variety of services for adults with traumatic brain injury in the home and community, providing an alternative to nursing facility care or specialty rehabilitation hospital.

### Fee for Service

When people can afford to, they may pay for services themselves.

**Limited funding can result in waiting lists for publicly-funded services, but don't be discouraged from applying.** Alliance Health will do its best to connect you to community resources, even if you must go on a waiting list for other services.

[AllianceHealthPlan.org](https://AllianceHealthPlan.org)

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Health

