Intellectual/Developmental Disabilities
How NC Defines I/DD

• A severe, chronic disability of a person:
  ○ Attributable to a mental or physical impairment or a combination of both
  ○ Manifested before age 22, unless caused by traumatic brain injury at any age
  ○ Needs special, interdisciplinary, generic services, individual supports, or other assistance of a lifelong or extended duration
How NC Defines I/DD

• Likely to continue indefinitely, with substantial functional limitations in three or more areas of major life activity:
  o Self care
  o Receptive (understanding) and expressive language
  o Learning mobility (ability to move)
  o Self direction (motivation)
  o Capacity for independent living
  o Economic self sufficiency
How NC Defines I/DD

• An individual aged 0-9 with a substantial developmental delay or congenital or acquired condition, without meeting three “areas of major life activities”
  ◦ If the individual has a high probability of meeting those criteria later in life without services and supports
Common DD Diagnoses

- Down syndrome
- Asperger’s syndrome
- Autism
- Traumatic brain injury (TBI) caused by blunt force trauma
- Cerebral palsy
- Intellectual disability (IQ < 70)
- Spina bifida
NC Innovations Eligibility

• Medicaid Waiver for children and adults with I/DD

• Eligible for Medicaid based on assets/income, family income is ‘waived’ for minor children

• Resident of Durham, Wake, Cumberland or Johnston counties (for the purposes of Medicaid eligibility)
NC Innovations Eligibility

• Live in an ICF-IDD facility and wish to leave or at high risk of placement in an ICF-IDD

• Choosing to participate in NC Innovations rather than live in an institution (ICF-IDD)

• Need for NC Innovations services as specified in the person-centered Individual Support Plan

• Requires using at least one NC Innovations service monthly
NC Innovations Eligibility

AND

• Health, safety, well-being can be maintained in the community under NC Innovations within the $135,000 annual waiver cost limit

AND

• Live in a private residence or in a licensed facility with six or fewer persons

• Unrelated to the owner of the facility
NC Innovations Eligibility

- Individual’s needs meet ICF-IDD (intermediate care facility for those with IDD) level of care
Meeting ICF-IDD Level of Care

• Require active treatment
  o Aggressive, consistent program of specialized and generic training, treatment and health services
  o Does not include service to maintain generally independent persons able to function with little supervision or without an active treatment program
Meeting ICF-IDD Level of Care

AND

• Diagnosis of Intellectual Disability (ID) or a closely-related condition
  o Characterized by significant limitations in intellectual functioning and adaptive behavior as expressed in conceptual, practical and social skills
  o Must occur before the age of 18
  o Refers to individuals with severe, chronic disability attributable to cerebral palsy or epilepsy that occurred before the age of 22
Meeting ICF-IDD Level of Care

OR

• Any condition (other than mental illness) closely related to ID because it results in impairment of general functioning or adaptive behavior similar to a person with ID
  o Manifested before the person reaches age 22
  o Likely to continue indefinitely
Meeting ICF-IDD Level of Care

AND

• Substantial functional limitations in three or more of the following areas of life activity:
  o Self-care
  o Understanding/use of language
  o Learning
  o Mobility
  o Self-direction
  o Capacity for independent living
Registry of Unmet Needs

• If funding is not available for needed Innovations services at the time of enrollment of an individual potentially eligible for NC Innovations

• Placed on Registry for their county of residence until funding available

• Prioritized for funding based on the date and time of referral to NC Innovations
Registry of Unmet Needs

- People with emergency needs who meet specific criteria are offered emergency reserved capacity funding, if available
  - When funds not available, alternative resources identified to ensure health and safety

- Available funding assigned geographically in each counties where NC Innovations operating
  - Based on Medicaid per capita population
Alliance I/DD Services

• Community Guide
  o Advocacy and assistance in developing social networks and connections in the community

• Vocational/day activity services
  o Long-term follow-along support to help maintain employment once employed
  o Facility-based programs (ADVP) for individuals not ready for or capable of competitive employment
  o Leisure and retirement services for older adults
Alliance I/DD Services

• Skill development
  o Periodic one-on-one skill development/training

• Residential services
  o ICF-MR group homes
  o Group living for adults
  o Alternative family living
  o Semi-independent and supported living
Alliance I/DD Services

• Respite care
  - In-home supervision and care to provide relief for primary caregivers
B3 Medicaid Services

• Community Guide and Respite
• For individuals with Medicaid who are not on Innovations
• Funded through projected cost savings
• Obtained through regular authorization procedures
• Must meet medical necessity
Inclusion: A Basic Tenant

- Inclusion is about ALL of us
- About living full lives and learning to live together
- Makes the world our classroom for a full life
- Treasures diversity and builds community
- About our “abilities” and how to share them
- NOT just a “disability” issue
Community Resources

• The Arc of NC  
  www.arcnc.org

• Autism Society of NC  
  www.autismsociety-nc.org

• Brain Injury Association of NC  
  www.bianc.net

• Disability Rights North Carolina  
  www.disabilityrightsgnc.org
Community Resources

• NC Council on Developmental Disabilities
  www.nc-ddc.org

• NC Department of Health and Human Services
  www.ncdhhs.gov

• NC Division of Health Benefits (Medicaid)
  www.medicaid.ncdhhs.gov/medicaid

• Alliance CFAC
  www.alliancehealthplan.org/consumers-families/alliance-cfac/