Aliance Health

Intellectual/Developmental Disabilities

How NC Defines I/DD

• A severe, chronic disability of a person:

- Attributable to a mental or physical impairment or a combination of both
- Manifested before age 22, unless caused by traumatic brain injury at any age
- Needs special, interdisciplinary, generic services, individual supports, or other assistance of a lifelong or extended duration

How NC Defines I/DD

- Likely to continue indefinitely, with substantial functional limitations in three or more areas of major life activity:
 - $_{\circ}$ Self care
 - Receptive (understanding) and expressive language
 - Learning mobility (ability to move)
 - Self direction (motivation)
 - $_{\rm O}$ Capacity for independent living
 - $_{\rm O}$ Economic self sufficiency

How NC Defines I/DD

- An individual aged 0-9 with a substantial developmental delay or congenital or acquired condition, without meeting three "areas of major life activities"
 - If the individual has a high probability of meeting those criteria later in life without services and supports

Common DD Diagnoses

- Down syndrome
- Asperger's syndrome
- Autism
- Traumatic brain injury (TBI) caused by blunt force trauma
- Cerebral palsy
- Intellectual disability (IQ < 70)
- Spina bifida

- Medicaid Waiver for children and adults with I/DD
- Eligible for Medicaid based on assets/income, family income is 'waived' for minor children
- Resident of Cumberland, Durham, Harnett, Johnston, Mecklenburg, Orange or Wake counties (for the purposes of Medicaid eligibility)

- Live in an ICF-IDD facility and wish to leave or at high risk of placement in an ICF-IDD
- Choosing to participate in NC Innovations rather than live in an institution (ICF-IDD)
- Need for NC Innovations services as specified in the person-centered Individual Support Plan
- Requires using at least one NC Innovations service monthly

AND

 Health, safety, well-being can be maintained in the community under NC Innovations within the \$135,000 annual waiver cost limit

AND

- Live in a private residence or in a licensed facility with six or fewer persons
- Unrelated to the owner of the facility

 Individual's needs meet ICF-IDD (intermediate care facility for those with IDD) level of care

- Require active treatment
 - Aggressive, consistent program of specialized and generic training, treatment and health services
 - Does not include service to maintain generally independent persons able to function with little supervision or without an active treatment program

AND

- Diagnosis of Intellectual Disability (ID) or a closely-related condition
 - Characterized by significant limitations in intellectual functioning and adaptive behavior as expressed in conceptual, practical and social skills
 - $_{\odot}$ Must occur before the age of 18
 - Refers to individuals with severe, chronic disability attributable to cerebral palsy or epilepsy that occurred before the age of 22

OR

- Any condition (other than mental illness) closely related to ID because it results in impairment of general functioning or adaptive behavior similar to a person with ID
 - $_{\odot}$ Manifested before the person reaches age 22
 - $_{\rm O}$ Likely to continue indefinitely

AND

- Substantial functional limitations in three or more of the following areas of life activity:
 - $_{\circ}$ Self-care
 - Understanding/use of language
 - $_{\circ}$ Learning
 - \circ Mobility
 - $_{\circ}$ Self-direction
 - $_{\rm O}$ Capacity for independent living

Registry of Unmet Needs

- If funding is not available for needed Innovations services at the time of enrollment of an individual potentially eligible for NC Innovations
- Placed on Registry for their county of residence until funding available
- Prioritized for funding based on the date and time of referral to NC Innovations

Registry of Unmet Needs

- People with emergency needs who meet specific criteria are offered emergency reserved capacity funding, if available
 - When funds not available, alternative resources identified to ensure health and safety
- Available funding assigned geographically in each counties where NC Innovations operating

Based on Medicaid per capita population

Alliance I/DD Services

Community Guide

 Advocacy and assistance in developing social networks and connections in the community

- Vocational/day activity services
 - Long-term follow-along support to help maintain employment once employed
 - Facility-based programs (ADVP) for individuals not ready for or capable of competitive employment
 - $_{\odot}$ Leisure and retirement services for older adults

Alliance I/DD Services

• Skill development

Periodic one-on-one skill development/training

- Residential services
 - $_{\odot}$ ICF-MR group homes
 - $_{\rm O}$ Group living for adults
 - Alternative family living
 - $_{\rm O}$ Semi-independent and supported living

Alliance I/DD Services

• Respite care

 In-home supervision and care to provide relief for primary caregivers

B3 Medicaid Services

- Community Guide and Respite
- For individuals with Medicaid who are not on Innovations
- Funded through projected cost savings
- Obtained through regular authorization procedures
- Must meet medical necessity

Inclusion: A Basic Tenant

- Inclusion is about ALL of us
- About living full lives and learning to live together
- Makes the world our classroom for a full life
- Treasures diversity and builds community
- About our "abilities" and how to share them
- NOT just a "disability" issue

Community Resources

- The Arc of NC www.arcnc.org
- Autism Society of NC
 www.autismsociety-nc.org
- Brain Injury Association of NC
 www.bianc.net
- Disability Rights North Carolina www.disabilityrightsnc.org

Community Resources

- NC Council on Developmental Disabilities www.nc-ddc.org
- NC Department of Health and Human Services
 www.ncdhhs.gov
- NC Division of Health Benefits (Medicaid) www.medicaid.ncdhhs.gov/medicaid
- Alliance CFAC

www.alliancehealthplan.org/consumers-families/alliance-cfac/