



Health and Safety for People Receiving Antipsychotic Therapy

Improvements in health and safety for the people we serve is our common goal.

As part of the healthcare team, when meeting with members who are receiving second generation antipsychotic (SGA) medications, ask if they are up-to-date in receiving their crucial “metabolic monitoring” and please consider sharing the “Antipsychotic Medications and Metabolic Syndrome” handout.

Metabolic monitoring includes measuring glucose and cholesterol levels as well as weight (and height for children) while on SGAs. This is important because SGAs cause metabolic syndrome which is a group of risk factors that increase people’s chances of developing heart disease, stroke and/or diabetes, which can occur even without weight gain.

How can you help encourage health and safety for people receiving antipsychotic therapy?

- ✓ Share the “Antipsychotic Medications and Metabolic Syndrome” educational handout when meeting individuals taking SGA’s.
- ✓ Ask about monitoring.
- ✓ Inform that monitoring helps to avoid health complications such as weight gain, diabetes, and long term consequences of coronary artery disease.
- ✓ Encourage the making and keeping of appointments with primary medical care providers and medication prescribers for important coordination of care related to metabolic monitoring.
- ✓ Encourage healthy lifestyle modifications.
- ✓ Ensure necessary releases are in place to coordinate care between key providers (PCP, specialists, psychiatrics, therapists, etc.).

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Second Generation Antipsychotic Medications Reference Guide	
Generic	Brand Name
aripiprazole	Abilify®, Abilify Maintena®, Syringe, Aristada®/Initio™ Injection
asenapine	Saphris®, SL Tablet, Secuado® Patch
brexpiprazole	Rexulti® Tablet
cariprazine	Vraylar® Capsule
clozapine	Clozaril®, FazaClo®, ODT, Versacloz® Suspension
iloperidone	Fanapt® Tablet, Titration Pack
lurasidone	Latuda® Tablet
olanzapine	Zyprexa®, Zyprexa Zydis® Tablet, Zyprexa® Replevv™ Injection
olanzapine-fluoxetine	Symbyax® Capsule
paliperidone	Invega®, Invega® Sustenna Injection/ Invega® Trinza Injection
pimavanserin	Nuplazid®
quetiapine	Seroquel®/XR
risperidone	Risperdal®, Perseris® Injection, Risperdal® Consta Injection
ziprasidone	Geodon®