

High Fidelity Wraparound

A process that works with a community to help ensure every family is successful in reaching their goals.

What is High Fidelity Wraparound (HFW)?

High Fidelity Wraparound is a planning and facilitation process that follows a series of steps to help children and their families reach success, while remaining in their home communities. This process involves shared action from a committed group of family, friends, community resources, professionals and cross-system supports. Utilizing the family vision and story, the group creates a plan of care. Each team member contributes special resources and talents in order to meet the youth and family's needs.

Difficult questions and challenges

Is High Fidelity Wraparound case management?

No, HFW is care management with family and their chosen team in the driver's seat. There are elements of care management, such as linking families to services, that could look like case management. HFW is an evidence-based model that focuses on the family's voice and choice to assist them with building their self-efficacy skills, identifying formal and natural supports, building skills to manage and decrease crisis situations and navigate the system of care. This plan is tailored depending on the community supports involved in the lives, whether it be families, youth agencies, child welfare or Juvenile Justice (JJ), etc.

Therapy vs. High Fidelity Wraparound

HFW is not therapy. Therapy is *alleviating* "something" while Wraparound is *working towards* "something." In HFW, we focus on unique goals that may not typically be covered in traditional family therapy. The wraparound teams identify what needs are most important to the youth, family, and team members to develop goals and objectives for the wraparound process. For example, HFW utilizes a robust brainstorming process as a team and provides many options to families, giving insight into their culture and strength to achieve prioritized needs.

When a youth is older, it is difficult to engage families at times.

How would High Fidelity Wraparound benefit this family?

With older youth, we use the Youth Support Partner (YSP) role to help



explain HFW. The YSP has lived experience and can provide further insight to the youth and family. A YSP is a younger professional that can meet youth where they are regardless of their education or life experiences, and share their own perspectives when appropriate. YSPs work directly with the youth to help ensure their voice and point of view is heard while also working with the family and team.

Advocating for family voice and choice is difficult for JJ/child welfare, so education is needed to help explain its importance.

Making sure key stakeholders are bought into the HFW process is important to addressing a family's needs. It helps families work through their child welfare case plan or in completing a JJ probation diversion plan. Many times, reframing the JJ/child welfare plans to the family or vice versa with stakeholders can reduce the families' prioritized needs. HFW can assist with barriers by predicting and establishing action steps to break down the big goals of a family's case plans.