Increasing Metabolic Monitoring
Operationalizing Point of Care Testing
Metabolic Monitoring

• Goals
  o Routinely screen for metabolic abnormalities in high risk populations
  o Monitor metabolic side effects of antipsychotic medication to inform medication treatment
  o Link individuals with metabolic abnormalities to medical care

• Alliance is increasing outcome measurement and moving toward value based payment; HEDIS measure outcomes will be a focus
Metabolic Monitoring

• Point of care testing can improve outcomes by increasing Member access to monitoring and reducing communication barriers with labs
  - Diabetes screening for people with schizophrenia or bipolar disorder who are using antipsychotic medications
  - Metabolic monitoring for children and adolescents on antipsychotics
Laboratory Requirements

- A CLIA certificate is required to conduct any test including POC fingerstick or urinalysis.

- Facilities doing only CLIA waived tests can certify under the CLIA Certificate of Waiver which requires:
  - Complete certificate of waiver every two years
  - Follow manufacturers instructions for each waived test
  - Notify State agency of organizational changes or addition of non-CLIA waived tests
  - Permit inspections by a CMS agent; there is no routine inspection schedule
Laboratory Requirements

• A CLIA certificate is required for each testing site – mobile testing can be covered under a designated primary or home site

• There are no specified personnel requirements for CLIA waived tests
Applying for CLIA Certificate of Waiver

• Apply for a CLIA certificate from CMS – Form 116 (waiver sections only)

• Submit certificate to state agency
  State Agency contact info:
Applying for CLIA Certificate of Waiver

• Do not submit payment with the application; when application processed will receive a fee remittance coupon with the CLIA number

Fee Schedule:
CLIA Waived Tests and Billing

• Billing for POC testing is through NC Tracks; labs are billed as professional claims

Training:
https://www.nctracks.nc.gov/content/public/providers/provider-user-guides-and-training.html

Guides (Including Claims and Billing Guide):
https://www.nctracks.nc.gov/content/public/providers/provider-manuals.html
CLIA Waived Tests and Billing

• CMS lists waived tests, including approved device, and appropriate CPT code for billing

• NC Lab policy and Billing - Clinical Coverage Policy IS-3
  https://files.nc.gov/ncdma/documents/files/1S-3_2.pdf
CMS Resources

• CMS CLIA website:

• CMS CLIA Brochures (explains requirements):
CMS Resources

• CMS Brochure How to Obtain a CLIA Certificate of Waiver:
NC Resources

• NC Laboratory Services – includes links to clinical coverage policy, rate tables
  https://medicaid.ncdhhs.gov/providers/programs-services/medical/laboratory-services

• NC DHSR – CLIA section – regulates labs, oversees CLIA waived testing
  https://info.ncdhhs.gov/dhsr/ahc/clia/index.html

• NC DHSR – CLIA FAQs
  • https://info.ncdhhs.gov/dhsr/ahc/clia/cliafaq.html