HEDIS® Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM)

What is the APM Measure Description?
The percentage of children and adolescents one to 17 years of age who had at least two or more antipsychotic prescriptions on different dates of service during the measurement year and had metabolic testing (one diabetes screening and one cholesterol screening test).

Why is the HEDIS APM Measure Important?
Individuals with serious mental illness who use antipsychotics are at an increased risk of diabetes. Diabetes is the seventh leading cause of death in the United States. Diabetes screening for members who take antipsychotic medications is important for early detection and management.

Strategies for Success
- Create a report in your EHR to identify the members taking antipsychotics so you can proactively work the list.
- Encourage shared decision-making by educating members and caregivers.
  - Increased risk of diabetes.
  - Importance of screening for diabetes.
  - Symptoms of new onset diabetes.
- Communicate and coordinate care between behavioral health and primary care physicians (PCPs) by requesting test results, communicating test results or scheduling and appointment for testing.
- Behavioral health providers:
  - Do point of care (POC) testing when member is in your office.

The information presented by Alliance Health above is for informational purposes only. It is not intended for use in lieu of state guidelines or service definitions nor is it to be used to guide individualized treatment. Please refer to your Medicaid contract for additional details.
If I have POC labs, how do I bill for the labs?

- Use ICD-10, CPT® and HCPCS codes to close gaps.
- Glucose Tests Codes CPT® - 80047-80048, 80050, 80069, 82947, 82950-82951 CPT®II codes 3048F, 3049F, 3050F
- HgbA1c CPT® Codes - 83036-83037 CPT®II codes 3044F, 3045F, 3046F
- CPT® LDL-C Codes - 80061, 83700, 83701, 83704, 83721 CPT®II 3048F, 3049F, 3050F
- CPT® Cholesterol - 82465, 83718, 84478

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Bolded CPT codes above include CLIA Waived Codes that can be used for point of care testing. This list is for informational purposes only and may not accurately represent current CMS CPT codes. Please verify your tests waived status and CPT code prior to implementing testing.