

Tobacco-Free Training Opportunities

ASTHO: The Way Forward Sustaining and Amplifying Tobacco Cessation Strategies

With the FDA moving forward to ban menthol cigarettes and all flavors in cigars, now is an opportune time to strategize on smoking cessation through coordinated partnerships. Because tobacco addiction often runs parallel to coping with stress or other unpleasant feelings it is important to also discuss the intersection of cessation with new policy implications like a menthol ban and behavioral health as well as opportunities for healthy stress management. To address these topics, ASTHO will have virtual session with a panel of expert speakers to discuss strategic opportunities and ways to frame cessation messages in the wake of the menthol ban, the importance of integrating cessation strategies into behavioral health and substance misuse treatment facilities, and alternative stress coping mechanisms for individuals looking to quit smoking.

Thursday, September 2nd from 2:30pm – 4pm ET | To register for this virtual session, click [HERE](#).

Duke-UNC TTS Trainings: Pharmacotherapy for Tobacco Treatment

September 23, 2021, 11:00 am - 5:00 pm EST

CME Credit: 7.5 hours

Tuition: \$300

[More Information here.](#)

American Lung Association: Public Health Roadmap: Systems Change Strategies to Address Youth Cessation Webcast

Tuesday, September 28th, 2021, 12:00-1:00 PM ET

Register Today: <https://app.webinar.net/xW9GoXOk7YP>; *This webcast will be available on-demand, following the live presentation;* **QUESTIONS?** Please email CessationTA@Lung.org

Helping Clients and Your Organizations Become Tobacco-Free

October 13, 2021; 9:00 am – 12:15 pm; [Free](#); Trainers: Steph Gans/ Kim Bayha

This statewide virtual training will help behavioral health programs prepare to integrate tobacco use treatment and implement tobacco-free campus policies. This presentation introduces the current standard of care for tobacco use treatment (including information about e-cigarettes and

emerging products), with a focus on working with clients with co-occurring behavioral health conditions. This training provides participants opportunities to practice increasing client motivation to become tobacco free. Participants will gain a familiarity with referral resources, such as the QuitlineNC's Behavioral Health Protocol. The training will focus on practical considerations for tobacco use treatment integration into behavioral health systems. To register, [click here](#).

Comprehensive virtual TTS training program

Upcoming dates: October 25-November 2, 2021

CME Credit: 28.75 hours

Tuition: \$1,250 (early bird discounts and partial scholarships available)

[More Information here](#)

Breathe Easy NC: Becoming Tobacco Free

Wed, Nov 17, 2021, 12:00 pm-5:00 pm; 8.75 CME hours

Presented by the Duke-UNC TTS Training Program

Tuition: \$150 for NC providers (see Region 4 scholarship application below)

This November training will assist behavioral health leaders and practitioners to make behavioral health facilities 100% tobacco free and to improve their skills to provide evidence-based tobacco use treatment concurrently with mental health and substance use disorder treatment. Providers will receive the information and skills they need to prepare for the NC Medicaid tobacco-free policy requirement that goes into effect July 1, 2022. [Learn more and register here](#).

Breathe Easy NC: Becoming Tobacco Free Scholarship Application

Region 4 Change for Life: Tobacco-Free Recovery Coalition will be offering a limited number of scholarships for coalition members to attend the **November 17th Breathe Easy: Becoming Tobacco-Free training (above)**: [Learn more and register here](#)

Scan QR Code for link to scholarship application.



Intensive Behavioral Health Approaches to Tobacco Treatment

Upcoming dates: December 2, 2021, 11:00am-5:00pm EST

CME Credit: 7.75 hours

Tuition: \$300

[More Information here.](#)

You Quit, Two Quit – [More information here](#)

You Quit, Two Quit can provide free training on evidence-based tobacco use screening and cessation counseling for your practice. We can also provide assistance in integrating tobacco screening and treatment into your clinic's workflow. [To request a training or more information, click here](#) or contact megan_williams@med.unc.edu