



# Home-delivered meals!

## Innovations and TBI Waiver Members

As part of the state of North Carolina's response to COVID-19, this service has been approved by CMS as an Appendix K flexibility.

**Mom's Meals®** can help to ensure Innovations and TBI Waiver members have access to nutritious meals throughout this national emergency.



## How It Works

### 1. Choose your meals



Select every meal, every delivery from a broad menu of nutritious meals.

### 2. Meal Delivery



Delivered to your home or any address nationwide.

### 3. Store Meals



Refrigerate upon arrival. Meals will last up to 14 days from delivery.

Please contact your Alliance Care Navigator for additional information.